

Yale Diabetes Handbook

This comprehensive reference uses an ecological perspective to sort out the complex mix of biological, psychological, social, and other factors influencing adolescent health as well as shaping professional responses to the needs of adolescents. Describing critical concerns at the global level and innovative strategies from selected countries, the book urges readers to develop and support practices and policies to enhance optimal youth development. Expert coverage centers on key areas: the global state of adolescent health and development, adolescent health issues and public health answers, making health systems more responsive to youth, and improving school health services. And bedrock themes such as social determinants of health, young people's right to health care, and health and gender disparities are discussed throughout these chapters. Included among the topics: • The epidemiology of adolescent health • Adolescent sexual health and sexuality education • Restorative justice and the mental wellbeing of adolescents • Critical issues in adolescent nutrition: needs and recommendations • Towards an adolescent competent workforce • Pairing children with health services: the changing role of school health services in the 21st century The International Handbook on Adolescent Health and Development is essential to medical schools, public schools, and college libraries; teaching faculty; graduate and post-graduate students in public health, medicine, social work, other behavioral sciences and health disciplines (e.g., nursing, allied health); as well as practitioners interested in better orienting their services to the health needs of adolescents.

Discusses the nutritional requirements of children and offers recipes for healthy dishes "Principles of Diabetes Mellitus, Second Edition" is an important update to the comprehensive textbook first published in 2002 and reissued in 2004. It is written for physicians of all specialties who, on a daily basis, deal with an illness which has reached epidemic proportions. The book is also intended for medical students and investigators of all aspects of diabetes. The last five years have witnessed major developments in our understanding of diabetes and in therapeutic approaches to this disease. Thus, in addition to updating all chapters, the authors added eight new chapters to the second edition. "Principles of Diabetes Mellitus, Second Edition" covers diabetes in all of its aspects – genetics, epidemiology, pathophysiology, clinical manifestations, therapy and prevention.

A single-volume textualization of the growing level of interest in research, educational and professional activity within the broadly defined field of parenting.

Valuable tips, tricks, and advice from a veteran young adult with Type 1 diabetes. Type 1 diabetes (T1D) can be a daunting diagnosis, especially for a young kid or a teen. Patrick McAllister knows. Diagnosed with T1D at age twelve, McAllister's life changed forever, and he faced an uncertain future of insulin shots, diet regulations, and high school. If only I had a roadmap, he thought. So, years after he learned things the hard way, he decided to write one. Whether it is managing mood swings, hormones, or blood sugar levels, Highs & Lows of Type 1 Diabetes is the ultimate teenager's and young adult's handbook for surviving, thriving, and flourishing with T1D during one of the most terrifying, yet exciting, phases of your life. Many think of T1D as a scary disease that is sporadic and uncontrollable, but after eight years of dealing with the literal and

figurative highs and lows of T1D, McAllister has learned that it is more a lifestyle change. These pages detail a framework for every situation you could possibly imagine involving T1D, from coming home from the hospital after your diagnosis to preparing to leave your nest for freshman year at college. Learn how to: Count carbohydrates, pump insulin like a pro, and correct irregular blood sugar levels Tell your friends, get good grades, and survive school Play sports with the right game-plan Navigate sex, drugs, and rock 'n' roll And more! Type 1 diabetes stinks, but you don't have to go through it blind and alone! Some have learned it the hard way, but *Highs & Lows of Type 1 Diabetes* will ensure that you will take control of your T1D diagnosis, conquer your adolescent years, and live a healthy and fulfilling life.

Selected for inclusion in this book is material on stress, coping and health that is considered to be the most thoroughly developed and studied within the nursing perspective. There is a balance between theoretical development, research, measurement and implications for practice.

How to Make the Best Choices About Your Health Finally, a book about diabetes that you'll actually want to read! This helpful and highly readable guide explains everything you need to know to get you through the teen years. Straightforward and current, this one-of-a-kind book tackles the issues and answers the questions you may face, including: * Is it time for me to handle more of my diabetes care? * What can I do about mood changes? * What about junk food or fast food? * When should I tell my boyfriend or girlfriend about my diabetes? * Does diabetes affect my sexuality? * How do I choose, talk to, and negotiate with my medical team? "Practical, meaningful, and highly enjoyable. There are not many books out there for teenagers with diabetes. In *Control* fills a gap and really meets that need." --JoAnn Ahern, RN, MSN, CDE

Pediatric Diabetes Clinical Nurse Specialist, Yale University * *Books to Fund a Cure* * A portion of this book's proceeds will go to the Juvenile Diabetes Foundation International, a not-for-profit voluntary health agency, whose primary objective is to support and fund research to find the cause, cure, treatment, and prevention of diabetes and its complications. Juvenile Diabetes Foundation Library Illustrator P.S. Mueller's cartoons appear in more than 30 major city weekly newspapers throughout the country and in such magazines as Harper's, Health, The Esquire Gentleman, Hippocrates, and The Utne Reader.

The contemporary successor to the editors' earlier *Obesity: Theory and Therapy*, this comprehensive handbook guides mental health, medical, and allied health professionals through the process of planning and delivering individualized treatment services for those seeking help for obesity. Concise, extensively referenced chapters present foundational knowledge and review the full range of widely used interventions, including self-help, behavioral, and cognitive-behavioral approaches; pharmacotherapy; and surgery. Provided are state-of-the-art guidelines for assessing obese individuals for health risks and for mood and eating disorders; treatment algorithms for tailoring interventions to the severity of the client's problem; details on adjunctive interventions for improving body image and self-esteem; recommendations for working with child clients; and much more.

The third edition of the *Complete Nurse's Guide to Diabetes Care* is a

comprehensive resource for all nurses who work with diabetes patients. Inside, readers will find expert advice on: The evolution of the nurse's roles in diabetes care and education Recent research on complications and associated diseases Practical issues, such as the effects of anxiety, depression, and polypharmacy Updated guidelines for nutrition therapy and physical activity How diabetes affects women, children, and the elderly An extensive resources section featuring contact information for useful organizations and essential patient care The Complete Nurses Guide to Diabetes Care, 3rd Edition, gives nurses the tools they need to give quality care to the person with diabetes.

****The Sunday Times Bestseller**** In this pocket version of his bestselling *Life Without Diabetes*, Professor Roy Taylor offers a brilliantly concise explanation of what happens to us when we get type 2 and how we can escape it. Taylor's research has demonstrated that type 2 is caused by just one factor - too much internal fat in the liver and pancreas - and that to reverse it you need to strip this harmful internal fat out with rapid weight loss. In simple, accessible language, Taylor takes you through the three steps of his clinically proven Newcastle weight loss plan and shows how to incorporate the programme into your life. Complete with FAQs and inspirational tips from his trial participants, this is an essential read for anyone who has been given a diagnosis of type 2 diabetes or pre-diabetes and wants to understand their condition and transform their outcomes. Currently, available information on pediatric and adolescent diabetes is limited to chapters in larger books covering the broader topic of pediatric endocrinology, and these do not have the space to delve into specific topics. This concise, timely book contains everything that a practicing provider needs to know in order to provide comprehensive, up-to-date care for children and adolescents with diabetes, from the latest methods for diagnosing various types of diabetes to integrating cutting-edge technology in the care of this patient population. Initial management, the use of insulin pumps, continuous glucose monitoring, and automated insulin delivery are discussed in detail, as are nutrition therapy, exercise, psychosocial challenges, acute and long-term complications, and future directions for treatment and research. Further, this book provides clinicians with guidelines for the implementation of best practices as outlined by leading associations such as the American Diabetes Association (ADA) and International Society of Pediatric and Adolescent Diabetes (ISPAD). The Yale Childrens Diabetes Program has been ranked among the best in the United States, including clinicians and researchers who are world-renowned for their efforts in improving the care of children with diabetes. This wealth of knowledge and experience positions the author team well as experts in this field.

THE US EDITION OF THE INTERNATIONAL BESTSELLER A momentous medical breakthrough --a scientifically proven program for managing and reversing Type 2 Diabetes at any stage of health. The fastest growing disease in the world, Type 2 diabetes has long been regarded as an incurable, lifelong condition that becomes progressively worse over time, resulting in pain, loss of

vision, amputation, and even premature death. But there is hope. For more than four decades, Dr. Roy Taylor has been studying the causes of diabetes. In 2017, he had a breakthrough: he found scientific proof that Type 2 diabetes is not only reversible, but that anyone following a simple regimen can prevent and cure it. Dr. Taylor's research shows that Type 2 diabetes is caused by too much fat in the liver and pancreas, which interferes with both organs' normal functioning. By losing less than 1 gram of fat, the liver and organ can begin to perform as they were designed to once again--thus beginning the reversal process. The most efficient way to shed fat from the liver and pancreas is to lose weight as quickly as possible. Life Without Diabetes makes it easy for people to cut back on their daily calorie intake and avoid the two big problems of dieting--hunger and choice--and lose up to 35 pounds in just eight weeks. Thanks to Dr. Taylor, we can now fundamentally change how we treat and prevent this debilitating and all-too-common disease forever.

Rehabilitation psychology is one of the fastest growing fields in applied psychology. In this book the editor has successfully brought together a range of well established international and experienced researchers and practitioners to provide a guide to best practice, clinical management, and the wider professional themes and issues.

The Handbook of Arab American Psychology is the first major publication to comprehensively discuss the Arab American ethnic group from a lens that is primarily psychological. This edited book contains a comprehensive review of the cutting-edge research related to Arab Americans and offers a critical analysis regarding the methodologies and applications of the scholarly literature. It is a landmark text for both multicultural psychology as well as for Arab American scholarship. Considering the post 9/11 socio-political context in which Arab Americans are under ongoing scrutiny and attention, as well as numerous misunderstandings and biases against this group, this text is timely and essential. Chapters in the Handbook of Arab American Psychology highlight the most substantial areas of psychological research with this population, relevant to diverse sub-disciplines including cultural, social, developmental, counseling/clinical, health, and community psychologies. Chapters also include content that intersect with related fields such as sociology, American studies, cultural/ethnic studies, social work, and public health. The chapters are written by distinguished scholars who merge their expertise with a review of the empirical data in order to provide the most updated presentation of scholarship about this population. The Handbook of Arab American Psychology offers a noteworthy contribution to the field of multicultural psychology and joins references on other racial/ethnic minority groups, including Handbook of African American Psychology, Handbook of Asian American Psychology, Handbook of U.S. Latino Psychology, and The Handbook of Chicana/o Psychology and Mental Health. An expanded, updated, and revised edition, the ADHD Handbook, second edition covers recent advances in causes and management of ADHD, and includes

more than 400 scientific references to peer-reviewed articles. It provides answers to the numerous questions that surround ADHD, including how is it diagnosed? What causes ADHD? What are the risks of associated learning and behavior disorders, tics, seizures, and headaches? What treatments are available? What are the choices of medications and the risks of side effects? How can adverse effects be avoided? What are the alternatives to medication? Do children outgrow ADHD, and how long is treatment required? ADHD Handbook is written for neurologists, pediatricians, practicing physicians, residents, fellows and students of medicine, psychologists, educators, occupational and speech therapists, nurse practitioners and other healthcare providers. It also offers parents a readable, but uniquely well documented and objective account of ADHD symptoms, diagnosis, medications, alternative treatments, and management.

"Shot" is an intimate portrait of a young woman's sudden transition to type 1 diabetes. Treatment for a routine infection one Monday morning yielded, with stunning speed, to a glucose monitor, test strips, and a life-altering diagnosis. In "Shot," Amy Ryan shows what it really takes to live with and manage an incurable disease. She charts the essential duties that keep her stable while revealing the daily concerns, the simple rewards and victories, the fears of highs and lows, and the psychological strain of depending on herself, a drug, and a network of health care providers to stay alive with diabetes. People who manage life-threatening diseases will recognize their own struggles in Amy's compelling story. The millions who care for and support family, friends, or patients with diabetes will have their eyes opened to the human side of living with a chronic condition.

This Handbook fulfils a pressing need within the area of psychological measurement in diabetes research and practice by providing access to material which has either been widely dispersed through the psychological and medical literature or has not previously been published. Journal articles describing the psychometric development of scales have rarely included the scales themselves but this book includes copies of scales and a wealth of additional information from unpublished theses, reports and recent manuscripts. You will find information about the reliability, validity, scoring, norms, and use of the measures in previous research presented in one volume. The Handbook is designed to help researchers and clinicians:

- To select scales suitable for their purposes
- To administer and score the scales correctly
- To interpret the results appropriately.

Dr. Clare Bradley is Reader in Health Psychology and Director of the Diabetes Research Group at Royal Holloway, University of London. Dr. Bradley and her research group have designed, developed and used a wide variety of measures of psychological processes and outcomes. Many of these measures have been designed and developed specifically for people with diabetes. Together with diabetes-specific psychological measures developed by other researchers internationally, these instruments have played an important part in facilitating patient-centred approaches to diabetes research and clinical practice.

What psychological and environmental forces have an impact on health? How does behavior contribute to wellness or illness? This comprehensive volume answers these questions and others with a state-of-the-art overview of theory, research, and practice at the interface of psychology and health. Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social-environmental factors. The book describes exemplary applications in the prevention and clinical management of today's most pressing health risks and diseases, including coronary heart disease, depression, diabetes, cancer, chronic pain, obesity, sleep disturbances, and smoking. Featuring succinct, accessible chapters on critical concepts and contemporary issues, the Handbook integrates psychological perspectives with cutting-edge work in preventive medicine, epidemiology, public health, genetics, nursing, and the social sciences. Created specifically for registered nurses, this reference covers the entire spectrum of disease management wherever these caregivers encounter diabetes, including hospitals, clinics, and physicians' offices. This guide contains must-have diabetes information such as guidelines for the lifelong management of both acute and chronic complications associated with diabetes. Includes a searchable, full-content CD-ROM.

This book is open access under a CC BY 4.0 license. This handbook synthesizes and analyzes the growing knowledge base on life course health development (LCHD) from the prenatal period through emerging adulthood, with implications for clinical practice and public health. It presents LCHD as an innovative field with a sound theoretical framework for understanding wellness and disease from a lifespan perspective, replacing previous medical, biopsychosocial, and early genomic models of health. Interdisciplinary chapters discuss major health concerns (diabetes, obesity), important less-studied conditions (hearing, kidney health), and large-scale issues (nutrition, adversity) from a lifespan viewpoint. In addition, chapters address methodological approaches and challenges by analyzing existing measures, studies, and surveys. The book concludes with the editors' research agenda that proposes priorities for future LCHD research and its application to health care practice and health policy. Topics featured in the Handbook include: The prenatal period and its effect on child obesity and metabolic outcomes. Pregnancy complications and their effect on women's cardiovascular health. A multi-level approach for obesity prevention in children. Application of the LCHD framework to autism spectrum disorder. Socioeconomic disadvantage and its influence on health development across the lifespan. The importance of nutrition to optimal health development across the lifespan. The Handbook of Life Course Health Development is a must-have resource for researchers, clinicians/professionals, and graduate students in developmental psychology/science; maternal and child health; social work; health economics; educational policy and politics; and medical law as well as many interrelated subdisciplines in psychology, medicine, public health, mental health,

education, social welfare, economics, sociology, and law.

New trends in mental healthcare practice and a rapid increase in the aged population are causing an explosion in the fields of clinical gerontology and geropsychology today. This comprehensive second edition handbook offers clinicians and graduate students clear guidelines and reliable tools for assessing general mental health, cognitive functioning, functional age, psychosocial health, comorbidity, behavior deficits, and more. Psychopathology, behavioral disorders, changes in cognition, and changes in everyday functioning are addressed in full, and a wide range of conditions and disorders common to this patient population are covered. Each chapter provides an empirical review of assessment instruments, assessment scales in their totality, a review of how these instruments are used with and adapted for different cultural groups, illustration of assessments through case studies, and information on how to utilize ongoing assessment in treatment and/or treatment planning. This combination of elements will make the volume the definitive assessment source for clinicians working with elderly patients. The most comprehensive source of up-to-date data on gerontological assessment, with review articles covering: psychopathology, behavioral disorders, changes in cognition, and changes in everyday functioning Consolidates broadly distributed literature into single source, saving researchers and clinicians time in obtaining and translating information and improving the level of further research and care they can provide Chapters directly address the range of conditions and disorders most common for this patient population - i.e. driving ability, mental competency, sleep, nutrition, sexual functioning, demntias, elder abuse, depression, anxiety disorders, etc Fully informs readers regarding conditions most commonly encountered in real world treatment of an elderly patient population Each chapter cites case studies to illustrate assessment techniques Exposes reader to real-world application of each assessment discussed

This new edition of the Complete Nurse's Guide to Diabetes Care is a comprehensive resource for all nurses who work with diabetes patients. Find expert advice on: the fundamentals of diabetes care; recent research on complications and associated diseases; numerous care and management approaches; how diabetes affects women, children, and the elderly; and practical issues, such as the effects of anxiety, depression, and polypharmacy.

This clear, accessible book combines detailed medical information with expert treatment advice for the estimated twenty million Americans who suffer from dry eye syndrome. Dr. Steven L. Maskin, an ophthalmologist who has been caring for dry eye patients for more than fifteen years, explains exactly what the syndrome is, why it occurs, and how it can best be managed and treated. He dispels the misunderstandings that surround dry eye syndrome and presents an easy-to-understand guide that may be read cover-to-cover or dipped into for specific topics of interest. Dr. Maskin begins with an overview of dry eye syndrome, then explains the myriad ways it can develop (allergies, aging, contact-lens use, LASIK surgery, diabetes, and various other diseases). He discusses how it can be successfully diagnosed and treated, offers guidelines for choosing a doctor and appropriate medications, and describes useful home remedies. In a concise final chapter, the doctor provides welcome answers to frequently asked questions. For patients who want to understand their disease and to

participate actively in its management, this book is an essential reference.

The Handbook of Clinical Health Psychology provides a comprehensive overview of the practice of clinical health psychology. It is primarily a well-referenced but practical resource, which provides an authoritative, up-to-date guide to empirically validated psychological interventions in health care. Each contributor provides a conceptual synthesis of the area, and how key models are related to formulation, service delivery and research. The book also considers contextual issues and the importance of topics such as ageism and power, which may have an impact on how health psychology is delivered by practitioners, and experienced by recipients of services. It also seeks to provide a summary of evidence concerning crucial aspects in the delivery of care, such as adherence, rehabilitation and stress. The biopsychosocial model is the major theoretical model underpinning all contributions, but use is also made of other models. * Informative and practical: a guide to action * An authoritative, critical and evidence based synthesis of knowledge that will guide best practice * Easy-to-use format intended for practitioners who want to ensure their practice is state-of-the-art

Despite major advances in prevention and treatment, cardiovascular disease remains the leading cause of death in the United States. The vast number of patients with cardiovascular disease coupled with ongoing clinical advances makes the Oxford American Handbook of Cardiology a must-buy for residents, fellows, and students, as well as an excellent reference guide for general practitioners. The reader will find here all the essential practice guidelines and management strategies as well as a unique chapter on preventive cardiology and a useful summary of recent major clinical trials in cardiology. Common cardiac conditions, including coronary artery disease, arrhythmias, valvular and congenital heart disease, cardiomyopathies, and heart failure, are covered comprehensively yet concisely.

Child life is a profession that draws on the insights of history, sociology, anthropology and psychology to serve children and families in many critical stress points in their lives, but especially when they are ill, injured or disabled and encounter the hosts of caregivers and institutions that collaborate to make them well. Children and their families can become overwhelmed by the task of understanding and navigating the healthcare environment and continue to face challenges through their daily encounters. It is the job of child life professionals to provide care and guidance in these negotiations to serve as culture brokers, interpreters of the healthcare apparatus to family and child and the child to medical professionals. Despite the best efforts to provide quality, sensitive psychosocial care to children and their families, they remain vulnerable to lingering aftereffects. The goal of this revised edition is to help prepare child life specialists to deliver the highest level of care to children and families in the context of these changing realities. Each chapter has been substantially revised and two new chapters have been added. This book will be a valuable resource for not only child life specialists but also nurses, occupational and recreational therapists, social workers and other hospital personnel.

For two decades, I have been responding to questions about the nature of health psychology and how it differs from medical psychology, behavioral medicine, and clinical psychology. From the beginning, I have taken the position that any application of psychological theory or practice to problems and issues of the health system is health psychology. I have repeatedly used an analogy to Newell and Simon's "General Problem Solver" program of the late 1950s and early 1960s, which had two major functional parts, in addition to the "executive" component. One was the "problem-solving core" (the procedural competence); the other was the representation of the "problem environment." In the analogy, the concepts, knowledge, and techniques of psychology constitute the core competence; the health system in all its complexity is the problem environment. A health psychologist is one whose basic competence in psychology is augmented by a working knowledge of some aspect of the health system. Quite apparently, there are functionally distinct aspects of health psychology to the degree that there are

meaningful subdivisions in psychological competence and significantly different microenvironments within the health system. I hesitate to refer to them as areas of specialization, as the man who gave health psychology its formal definition, Joseph Matarazzo, has said that there are no specialties in psychology (cited in the editors' preface to this book). Contains new and expanded material on antioxidants in beverages and herbal products, nitric oxide and selenium, and the effect of vitamin C on cardiovascular disease and of lipoic acid on aging, hyperglycemia, and insulin resistance! Offering over 4200 contemporary references-2000 more than the previous edition-the Second Edition of the Handbook of Antioxidants is an up-to-the-minute source for nutritionists and dietitians, cell biologists and biochemists, cardiologists, oncologists, dermatologists, and medical students in these disciplines.

Goodman's Basic Medical Endocrinology, Fifth Edition, has been student tested and approved for decades. This essential textbook provides up-to-date coverage of rapidly unfolding advances in the understanding of hormones involved in regulating most aspects of bodily functions. It is richly illustrated in full color with both descriptive schematic diagrams and laboratory findings obtained in clinical studies. This is a classic reference for moving forward into advanced study. Clinical case studies in every chapter E-book version available with every copy for obtaining images and tables for lectures or notes Clinicians added as co-authors to enhance usefulness by physicians and medical students and residents Detailed molecular biology of hormones and hormone action for graduate and advanced undergraduate students Expanded and updated color images emphasizing hormone action at the molecular level In-depth molecular biology and clinical sections boxed for ease of access

This handbook provides a quick, portable, algorithm-based guide to diagnosis and management of common problems seen in adult patients. Written by experienced primary care practitioners, the book emphasizes efficient decision making necessary in the fast-paced realm of the medical office. It covers general considerations such as the physical examination, care of special populations, and pain management and palliative care. It also focuses on common symptoms and disorders by system, including endocrine, respiratory, cardiac, orthopedic, neurologic, genitourinary, and gynecologic. For each disorder, symptoms, red flags, algorithms for differential diagnosis, related symptoms and findings, laboratory workup, treatment guidelines, and clinical pearls are discussed. Handbook of Outpatient Medicine is a valuable resource for primary care physicians, residents, and medical students.

How to Make the Best Choices About Your Health Finally, a book about diabetes that you'll actually want to read! This helpful and highly readable guide explains everything you need to know to get you through the teen years. Straightforward and current, this one-of-a-kind book tackles the issues and answers the questions you may face, including: * Is it time for me to handle more of my diabetes care? * What can I do about mood changes? * What about junk food or fast food? * When should I tell my boyfriend or girlfriend about my diabetes? * Does diabetes affect my sexuality? * How do I choose, talk to, and negotiate with

my medical team? "Practical, meaningful, and highly enjoyable. There are not many books out there for teenagers with diabetes. In Control fills a gap and really meets that need." --JoAnn Ahern, RN, MSN, CDE Pediatric Diabetes Clinical Nurse Specialist, Yale University * Books to Fund a Cure * A portion of this book's proceeds will go to the Juvenile Diabetes Foundation International, a not-for-profit voluntary health agency, whose primary objective is to support and fund research to find the cause, cure, treatment, and prevention of diabetes and its complications. Juvenile Diabetes Foundation Library Illustrator P.S. Mueller's cartoons appear in more than 30 major city weekly newspapers throughout the country and in such magazines as Harper's, Health, The Esquire Gentleman, Hippocrates, and The Utne Reader.

This text outlines the importance of biopsychosocial factors in improving medical care, and illustrates evidence-based, state-of-the-art interventions for patients with a variety of medical conditions. Each chapter is focused on a particular health concern or illness, which is described both in terms of prevalence and frequent psychological and psychiatric comorbidities that may present to clinicians working with these populations. Consistent with evidence-based care, information on the efficacy of the treatments being described is presented to support their continued use. To accommodate the needs of clinicians, we describe population specific approaches to treatment, including goal settings, modules and skills as well as strategies to assess and monitor progress. To facilitate learning, each chapter contains one or more case examples that explicate the skills described to convey change within a behavioral medicine protocol. Each chapter also includes resources in the form of books and websites to gain additional knowledge and detail as needed. Authors are experts in the field of each chapter, ensuring that information presented is recent and of high quality.

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