

The Therapeutic Use Of Self Counselling Practice Research And Supervision Routledge Mental Health Classic Editions

"The Use of Self in Therapy, Third Edition challenges the well-known concepts of transference and countertransference by positing that the presence of the therapist introduces a potential healing element that is usually not sufficiently appreciated, understood, or utilized. For psychologists, social workers, counselors, and students, this new edition features updated chapters and new chapters that discuss the use of multiculturalism in practice and the differential use of self by therapists following personal trauma. In the years since the previous edition, the rapid development of the Internet has brought with it changes that impact on therapy and the self of the therapist"--

This book deals with what is perhaps the central question in therapy - who is the therapist? And how does that actually come across and manifest itself in the therapeutic relationship? A good deal of the thinking about this in psychoanalysis has come under the heading of countertransference. Much of the thinking in the humanistic approaches has come under such headings as empathy, genuineness, nonpossessive warmth, presence, personhood.

The purpose of this study was to examine the implementation of therapeutic use of self, and the factors that may influence that implementation in military and civilian settings, as described by occupational therapists who have experience in both settings. A semi-structured qualitative design was used to interview two practicing occupational therapists. Analysis of the audio transcripts resulted in two themes on the comparison of implementation of therapeutic use of self in military and civilian settings: "Knowing Your Population" (identifying differences between the military and civilian settings) and "Some Things Do Not Change" (identifying similarities between the military and civilian settings). Factors influencing the implementation of therapeutic use of self in the military setting included the themes of the military medical system, the military structure and purpose, and the importance of intimately knowing about the military as a military practitioner. Many of the underlying concepts of therapeutic use of self agreed with previous literature and theoretical concepts regarding therapeutic use of self. This was the first study investigating differences between military and civilian settings. Implications of this study are that a therapist should know his or her client base, be prepared to employ many means of creating rapport and promoting "buy-in," and become familiar with the client population language or jargon. The military as a community unto itself has a distinct language, jargon, and culture that influence the implementation of therapeutic use of self.

This book presents a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various diseases and ailments, especially its role in psychological well-being and substance dependence. Biomedical and anthropological data on the use of ayahuasca for treating depression, PTSD, and substance dependence in different settings, such as indigenous contexts, neo-shamanic rituals,

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contemporary therapeutic circles, and in ayahuasca religions, in both South and North America, are presented and critiqued. Though multiple anecdotal reports on the therapeutic use of ayahuasca exist, there has been no systematic and dense reflection on the topic thus far. The book brings the therapeutic use of ayahuasca to a new level of public examination and academic debate. The texts in this volume stimulate discussion on methodological, ethical, and political aspects of research and will enhance the development of this emergent field of studies.

The skilled helper model of counselling is hugely influential in the helping professions. Egan's Skilled Helper Model brings a number of new and challenging perspectives to bear on Egan's work and makes a major contribution to the development of this problem-management and opportunity-development approach to helping. Val Wosket draws on over twenty years experience of counselling, training and supervising to provide a clear exposition of the model and situate it in contemporary counselling practice. Numerous case studies are provided throughout, along with contributions from experienced practitioners, illustrating how the model can be applied in a variety of clinical settings and with a range of counselling issues. Egan's Skilled Helper Model builds on and extends the aims of Egan's original work, covering key topics, including: Developing a client-responsive approach that places the therapeutic relationship at the heart of the model Applying the skilled helper model in research, training and supervision Translating the model into more accessible and adaptable language This book provides an invaluable resource for trainees, trainers, supervisors and experienced practitioners wishing to update their knowledge of the model. It will also be of great interest to anyone in the helping professions looking for a pragmatic integrative framework that is adaptable to a diverse range of client issues and contexts.

Develop the psychosocial skills you need to treat clients with any diagnosis in any setting! Psychosocial Occupational Therapy uses evidence-based models to help you provide effective Occupational Therapy for people diagnosed with mental health conditions. With a clear and logical organization, the book begins with theories and concepts and follows with in-depth coverage of OT interventions in both individual and group contexts. Case studies and models show how to apply the newest Occupational Therapy Practice Framework (OTPF) in selecting treatment strategies. Written by OT educator Nancy Carson, Psychosocial Occupational Therapy helps you understand and treat clients with mental health issues. UNIQUE! At least two cases studies in each clinical chapter show how to apply the Occupational Therapy Practice Framework (OTPF) in determining treatment options, and one or more conceptual models address the psychosocial needs of clients. Using the Occupational Therapy Practice Framework chapter describes how to apply the latest version of the OTPF to the practice of occupational therapy. Balanced approach to psychosocial occupational therapy includes thorough coverage of primary diagnoses, as well as occupational and psychosocial theories, models, and approaches. Emphasis on clinical reasoning skills provides insights on how to select treatment strategies based on the conceptual theories and models presented in the earlier chapters; the information on diagnoses also references the DSM-5. A focus on psychosocial skills makes it easier to adjust your way of approaching a client, the nature of the therapeutic relationship, and the direction and eventual outcomes of intervention — regardless of the setting or the primary

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diagnosis. Coverage of therapeutic interaction skills and group process skills shows how to provide treatment in both individual and group settings.

Linda Berman explores the importance of photographs in our lives, highlighting the hidden messages behind the images. She describes different ways of using photographs in therapy and shows how by triggering memory and emotion and revealing family patterns they can be used to help the patient. Detailed case studies, with appropriate illustrations, show how photographs can be used with individuals, couples and groups, and demonstrate how useful photographs can be in many different therapeutic settings. Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 8th Edition prepares you for occupational therapy practice with adults who have physical disabilities. This cornerstone text provides a foundation for the development of clinical reasoning skills in a comprehensive, case-based learning approach to physical dysfunction. New full color photos and helpful pedagogy, including threaded case studies, OT Practice Notes, ethical considerations, and end-of-chapter review questions, reinforce learning, enhance retention, and prompt you to apply principles in a clinical setting.

The book is a comprehensive textbook for occupational therapy students and occupational therapists working in the field of mental health. It presents different theories and approaches used, outlines the occupational therapy process, discusses the context of practice, and describes a wide range of techniques used by occupational therapists. These include physical activity, cognitive approaches, group work, creative activities, play and life skills. The fourth edition has been extensively revised and updated. The new structure reflects changes in service delivery and includes sections on philosophy and theory base, the occupational therapy process, ensuring quality, the context of occupational therapy, occupations, and client groups. Important new areas that are now covered include mental health promotion, evidence-based practice, community development, and continuing professional development. Addresses the needs of the undergraduate course - covers all the student needs for this subject area in one volume. Links between theory and practice are reinforced throughout Written by a team of experienced OT teachers and practitioners Comprehensive - covers theory, skills and applications as well as management The clear structure with the division of chapters into six distinct sections makes it easy to learn and revise from as well as easy to refer to for quick reference in the clinical situation. Provides key reading and reference lists to encourage and facilitate more in-depth study on any aspect. It is written in a style that is easy to read and understand; yet there is enough depth to take students through to their final year of education. Chapters on the application of occupational therapy are written by practising clinicians, so they are up-to-date and realistic. For qualified occupational therapists, the book includes a review of current theories and approaches to practice, with references so that they can follow up topics of particular interest. Suitable for BSc and BSc (Hons) occupational therapy courses. Interior will include colour for the first time Chapter on Health, wellness and occupation to include more on occupational science and the effects of occupational deprivation Chapter on knowledge base of occupational therapy to act as a primer for themes that will recur throughout the book. To include more on productivity. Chapter on Assessment to include outcome measurement Chapter on Roles and settings to include extended roles Chapter on Ethics to include risks and dilemmas Chapter on Mental health promotion to

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include primary care Chapter on Acute psychiatry to include intensive care, work rehabilitation Chapter on Approaches to severe and enduring mental illness to include rehabilitation and work rehabilitation Chapter on Marginalised populations to include homeless people and ethnic minority groups Chapter on Management and budgeting to be combined chapter with much less on budgeting

Activity Analysis, Creativity and Playfulness in Pediatric Occupational Therapy: Making Play Just Right is a unique resource on pediatric activity and therapy analysis for occupational therapists and students. This text provides useful information on planning creative and playful activities within therapy sessions. This resource contains case studies, activity worksheets and a DVD.

This key text has been written to bridge the gap between the books on the theory of occupational therapy and those which look at the occupational therapy management of specific conditions, i.e., it links the theory to practice. It looks at the 4 core processes which form the basis of the unique practice of OT: assessment and evaluation of individual potential and performance, occupational analysis and adaptation, environmental analysis adaptation and therapeutic use of self. It introduces the student to the scope and purpose of each of these processes and gives practical information about their application in relation to working with adults.

Challenges in the Theory and Practice of Play Therapy provides an advanced and in-depth exploration of the issues and challenges relating to the training, theory and practice of Child-Centred Play Therapy. The ethos of the book is process orientated, and it discusses the particular therapeutic challenges that are encountered on a day-to-day basis. Drawing upon clinical material and cutting-edge theory, David Le Vay and Elise Cuschieri bring together experienced practitioners from the field to explore key topics such as: The therapeutic use of self within play therapy Gender issues in play therapy The play therapist's experience of self-doubt Working with acquired brain injury Working with developmental trauma The role of research within play therapy The role of experiential training groups in a play therapy training programme Original and stimulating, Challenges in the Theory and Practice of Play Therapy will be of interest and value to all those working within the area of child mental health, both in practice and in training, and particularly those in the wider Arts and Play Therapy community who are working therapeutically with troubled children.

How can stories and legends, written and oral, help people suffering from severe traumas or harsh conditions, now or in the past? Can storytelling help us sort out our innermost feelings and troubles? This deeply human subject is relevant not only to practitioners of psychotherapy, but to all of us, as we sometimes go through difficult times in life. In Therapeutic Uses of Storytelling, a cross-disciplinary group of researchers examine the ways in which narrative might aid in coping with difficult situations in life, and with the emotions that these situations engender. Starting with an introduction to basic narrative theories and the therapeutic effects of storytelling, the book then moves on to a series of lucid case studies. The authors present a diversity of material such as blogs, poetry, magazines, memoirs, and oral accounts from Antiquity to the present. Authors from several different disciplines make for a diversity of perspectives. The authors specialise in folkloristics, psychology, writing studies, poetry

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therapy, and classical studies. Psychologists, social workers, researchers, therapists – all can benefit from this book, including everyone interested in the possibility of inner exploration through stories.

This groundbreaking book addresses a critical aspect of the occupational therapy practice—the art and science of building effective therapeutic relationships with clients. A distinguished clinician, scientist, and educator, Renée Taylor, PhD, has defined a conceptual practice model, the Intentional Relationship Model, to identify how the client and the therapist each contribute to the unique interpersonal dynamic that becomes the therapeutic relationship. She emphasizes how therapists must act deliberately, thoughtfully, and with vigilant anticipation of the challenges and breakthroughs that have the potential to influence the course of the relationship.

In Western culture ageing tends to be promoted as something to be feared. Women are under constant pressure to look and act younger than they really are in attempt to remain visible and feel valued. This pressure can threaten a woman's experience of her ageing self. Using a postmodern feminist arts therapy qualitative approach, a small group of women were given the opportunity to explore their unique experience of their ageing self through self-portraiture. Using photography in combination with other arts therapy modalities, women were guided through a process of witnessing themselves, and other older women, through the self-portraits they created.

The essential guide to game play therapy for mental health practitioners The revised and updated third edition of Game Play Therapy offers psychologists and psychiatrists a guide to game play therapy's theoretical foundations and contains the practical applications that are appropriate for children and adolescents. Game playing has proven to invoke more goal-directed behavior, has the benefit of interpersonal interaction, and can perform a significant role in the adaptation to one's environment. With contributions from noted experts in the field, the third edition contains information on the time-tested, classic games and the most recent innovations and advances in game play approaches. Game Play Therapy's revised third edition (like the previous editions) continues to fill a gap in the literature by offering mental health practitioners the information needed to understand why and how to use this intervention effectively. The contributors offer advice for choosing the most useful games from the more than 700 now available and describe the fundamentals of administering the games. This important updated book: Contains material on the recent advances in the field including information on electronic games and disorder-specific games Includes illustrative case studies that explore the process of game therapy Reviews the basics of the underlying principles and applications of game therapy Offers a wide-range of games with empirical evidence of the effectiveness of game therapy Written for psychologists, psychiatrists, and other mental health clinicians, the revised third edition of Game Play Therapy offers a guide that shows how to apply game therapy techniques to promote socialization, encourage the development of identity and self-esteem, and help individuals master anxiety. Learn to provide effective therapy for children and adolescents! Pediatric Skills for Occupational Therapy Assistants, 5th Edition covers the entire scope of pediatric OT practice, from normal childhood development to pediatric disorders and treatment planning. Case studies and helpful tips reinforce your understanding and make it easier to apply OT principles to the clinical setting. This edition is thoroughly updated with online videos and new coverage of community systems, physical agent modalities, childhood obesity, Model of Human Occupation assessments, and Kinesio Taping®. Written by noted OTA educators Jean Solomon and Jane O'Brien, this resource is both a comprehensive textbook and a practical clinical reference! Hundreds of case examples provide snapshots of real-life situations and solutions, helping you apply key concepts in a real-life setting. UNIQUE! Clinical Pearls boxes highlight practical advice from the authors and contributors, sharing

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what they have learned from years of experience. Coverage of evidence-based practice includes clinical trials and outcome studies, especially those relating to evaluation and intervention. Coverage of cultural diversity and sensitivity issues addresses the many different groups of people that OTAs treat in practice. Information on preventive care takes the role of the OTA beyond intervention and treatment. Family-centered perspective uses the terminology of the AOTA Practice Framework in showing how to tailor your treatment to meet the needs of children from different environments. Key terms, outlines, and objectives at the beginning of each chapter prepare readers for the information they're expected to learn from the chapter. Content reviews and questions at the end of each chapter summarize key concepts and help you assess your understanding. Suggested activities in each chapter help readers to bridge the gap between the classroom and the clinic by exploring realistic situations. UNIQUE! Learning resources on the Evolve companion website include video clips and review questions, reinforcing your understanding and demonstrating how concepts apply to actual practice. NEW! Every Moment Counts content is added to The Occupational Therapy Process chapter, promoting pediatric mental health. NEW! Coverage of educational expectations is added to the Educational System chapter. NEW! Coverage of "signature" constraint-induced movement therapy (CIMT) is added to Cerebral Palsy chapter. NEW photographs and illustrations are added throughout the book. NEW video clips on the Evolve companion website show the typical development of children/adolescents. NEW! Extensive assessment and abbreviations appendices are added to Evolve. NEW! Expanded glossary is added to Evolve.

This psychiatric-mental health undergraduate textbook, based on the theories of Hildegard Peplau and Joyce Travelbee, is the first recent book devoted to interpersonal relations as the foundation for therapeutic practice in psychiatric nursing. It guides the student through the essential phases of self-discovery necessary to integrate interpersonal nursing theory into practice, and provides a historical overview of the profession. The book addresses the most current ISPN and APNA competencies and presents content designed to foster self-growth, and critical thinking and decision-making skills, as well as to implement therapeutic interventions. It offers an overview of theories of mental illness and a detailed discussion of commonly seen psychiatric disorders, and addresses mental health care settings across the lifespan and different populations. Clinical case studies and first-hand accounts vividly describe the realities of living with specific mental illnesses, "What would you do?" questions stimulate discussions, and sample and practice care plans for chronic mental illness facilitate integration of concepts into practice. Evidence-based practice summaries from psychiatric nursing and related research literature are included, and NANDA guidelines are integrated throughout. A new chapter with DSM-V updates is also available. This affordably priced text additionally comes with supplementary materials for both teachers and students, including handy review guides, summaries, drug monographs, and hyperlinks to films and video illustrating content. A test bank and PowerPoint slides are also available for instructors. Key Features: Integrates and applies the Peplau/Travelbee interpersonal relations theories to the four-step Assessment, Planning/Diagnosing, Implementation, and Evaluation (APIE) nursing process Addresses critical thinking, clinical decision making, therapeutic interventions, case management roles, and mental health care settings across the lifespan Features NCLEX preparation questions, vivid clinical scenarios, and evidence-based practice summaries Addresses the most current ISPN and APNA competencies A new chapter with DSM-V updates is available Both student and teacher digital aids, including review guides, summaries, hyperlinks to films and video, and drug monographs are available A test bank and PowerPoint slides are also available for instructors eBook Features (available in all eBook formats): Bidirectional link between Key Terms and their glossary definitions Learning Outcomes at start of chapters link to respective sections in book Hyperlinks to supplementary films and videos Care plans DSM-V update This book is also available as part of a discounted set. To view the Psychiatric-Mental Health Nursing

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The long-awaited revision of the only book on game play available for mental health professionals. Not only is play a pleasurable, naturally occurring behavior found in humans, it is also a driving force in our development. As opposed to the unstructured play often utilized in psychotherapy, game playing invokes more goal-directed behavior, carries the benefits of interpersonal interaction, and can perform a significant role in the adaptation to one's environment. This landmark, updated edition of *Game Play* explores the advantages of using games in clinical- and school-based therapeutic interventions with children and adolescents. This unique book shows how playing games can promote socialization, encourage the development of identity and self-esteem, and help individuals master anxiety while setting the stage for deeper therapeutic intervention in subsequent sessions. *Game Play: Therapeutic Use of Childhood Games* Second Edition Features: * New chapters on games in family therapy and games for specific disorders * Techniques and strategies for using game play to enhance communication, guidance, and relationships with clients * The different types of therapeutic games, elaborating on their various clinical applications

Edited by John Banmen, Jane Gerber, Maria Gomori

This fully updated Fifth Edition explores the full psychiatric nursing curriculum, from theoretical foundations to application of interventions for commonly encountered disorders. The focus is on treatment modalities, nursing care, therapeutic communication, and self-awareness. The built-in study guide helps reinforce student learning and knowledge retention. Abundant features highlight the most pertinent learning concepts.

This book examines the therapeutic use of self in counselling and psychotherapy practice. It considers the intertwining of the therapist's professional and personal self – their ways of doing and being with their clients.

The potential for healing available in well-known myths and stories is increasingly recognized, but many practitioners are unsure how to tap into this rich and often culturally-specific source of insight. What sort of story is best for what sort of situation? How can it be introduced naturally into the session? What is the best way of using the story? These are some of the questions contributors to this book set out to answer. They explore the historical and cultural context of story-telling and provide examples of specific stories for specific situations. Covering emotional themes such as anger, anxiety, fear, shame, guilt, separation and bereavement, the authors show how they work through stories with many different kinds of client groups and individuals of all ages in educational, health and social science settings. *The Therapeutic Use of Stories* provides a sound theoretical framework for the use of stories, examples of stories with a high therapeutic value, and practical advice on how to use them to best effect.

This book is the companion volume to *Duncan: FOUNDATIONS FOR PRACTICE IN OCCUPATIONAL THERAPY*, 5e and provides a comprehensive guide to the practice applications of the theory base. It is designed to be a "basic and beyond" text, of value to students throughout their studies but also a valuable reference text to clinicians. The sections cover the following essential skills for effective occupational therapy practice: clinical skills, management and leadership skills, evidence-based and research skills, and thinking, judgement and decision-making skills. Links theory and evidence-base, and is also practical. Each chapter follows same basic structure (same format as *Foundations*) Each chapter contains practical examples and/or vignettes. New addition of highlight boxes in each chapter gives the main points in bullet format for ease of access to students new to the area. Well referenced.

Welcome to Autism & DD at School; OT to the Rescue Occupational Therapists: This book includes a no-nonsense screening tool, the Baker-

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Bell Occupational Therapy Screening (BBOTS), as well as low-prep, highly engaging treatment ideas related to school-based occupation. We have opted to keep the nitty-gritty details to a minimum for two reasons. First, we want you to be able to tote this fabulous, featherlight book with you as you trudge from school to school (to school, to school, etc.), without being ergonomically compromised. Second, and more importantly, we respect your creativity, charisma and clinical reasoning as an occupational therapist. It is your expertise and therapeutic use of self that make your therapy successful, fun, and functional. We hope that these ideas work as well for you as they have for us. Teachers: It's true, this book was written by therapists, for therapists, but we know that you are a highly-qualified educator and are constantly in pursuit of innovative curricular activities. Use this book with students of all abilities to infuse new and exciting programming into your current lesson plans. We hope that our ideas enhance your ongoing efforts to close achievement gaps. Parents: We hope that you and your child enjoy the activities in this book. We applaud your efforts to assist your child in making developmental progress. Feel free to adapt these activities for the best possible fit to your family's needs.

This ground-breaking book identifies the role of nursing in the healing process written from a practice perspective. The text provides a firm foundation for students in understanding what nursing is. "I WOULD ENCOURAGE ALL NURSES, IN ANY SPECIALITY, TO READ THIS CLASSIC TEXT." Nursing Times

The number one book in pediatric OT is back! Focusing on children from infancy to adolescence, Case-Smith's Occupational Therapy for Children and Adolescents, 8th Edition provides comprehensive, full-color coverage of pediatric conditions and treatment techniques in all settings. Its emphasis on application of evidence-based practice includes: eight new chapters, a focus on clinical reasoning, updated references, research notes, and explanations of the evidentiary basis for specific interventions. Coverage of new research and theories, new techniques, and current trends, with additional case studies, keeps you in-step with the latest advances in the field. Developmental milestone tables serve as a quick reference throughout the book! NEW! Eight completely new chapters cover Theory and Practice Models for Occupational Therapy With Children, Development of Occupations and Skills From Infancy Through Adolescence, Therapeutic Use of Self, Observational Assessment and Activity Analysis, Evaluation Interpretation, and Goal Writing, Documenting Outcomes, Neonatal Intensive Care Unit, and Vision Impairment. NEW! A focus on theory and principles Practice Models promote clinical reasoning. NEW! Emphasis on application of theory and frames of reference in practice appear throughout chapters in book. NEW! Developmental milestone tables serve as quick reference guides. NEW! Online materials included to help facilitate your understanding of what's covered in the text. NEW! Textbook is organized into six sections to fully describe the occupational therapy process and follow OTPF.

"The 2nd edition of "Psychiatric and Mental Health Nursing" continues to take its popular holistic approach, helping students and beginning practitioners understand the complex causation of mental illness, its diagnosis, effective interventions and treatments, and the client's experience of mental illness. Written by an experienced team of contributors from Australia and New Zealand, the client and student centred approaches have been enhanced in this edition to focus even more closely on providing students with practical examples and guidance on helpful and transformative communication. New content has also been included on indigenous mental health, mental health education and health promotion."--Provided by publisher.

The Person of the Therapist Training Model presents a model that prepares therapists to make active and purposeful use of who they are, personally and professionally, in all aspects of the therapeutic process—relationship, assessment and intervention. The

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authors take a process that seems vague and elusive, the self-of-the-therapist work, and provide a step-by-step description of how to conceptualize, structure, and implement a training program designed to facilitate the creation of effective therapists, who are skilled at using their whole selves in their encounters with clients. This book looks to make conscious and planned use of a therapist's race, gender, culture, values, life experience, and in particular, personal vulnerabilities and struggles in how he or she relates and works with clients. This evidence-supported resource is ideal for clinicians, supervisors, and training programs. Explore mindful crafts as an effective and efficient therapy. Arts and crafts were one of the very first therapies employed by occupational therapists. Today, crafts are still employed as effective interventions for clients with mental health disorders, physical dysfunctions, cognitive issues, and sensory concerns in hospitals, outpatient clinics, veterans' centers, schools, skilled nursing facilities, or community settings. Step by step, the authors show you how to use a wide-range of novel, and highly engaging crafts. They explain how to connect the key tasks associated with an activity to functional outcomes, and how to modify them to meet the specific needs of individual patients. They also address the issues of documentation, and reimbursement.

The Therapeutic Use of Self is a ground-breaking examination of the individual therapist's contribution to process and outcome in counselling. Using many powerful case examples and extensive research findings from the author's own work, this book presents the counsellor's evaluation of their own practice as the main vehicle for the development of insight and awareness in to individual 'therapeutic' characteristics. It addresses many of the taboos and infrequently discussed aspects of therapy, such as: * the value of therapist failure * breaking the rules of counselling * working beyond the accepted boundaries of counselling. The Therapeutic Use of Self, will act as a spur to individual counsellors to acknowledge, develop and value their own unique contribution to the counselling profession.

“Right on target. Innovative, nothing comes near it in occupational therapy. A sophisticated meld of occupational therapy and psychology. It is very innovative for occupational therapy and other fields. I am thoroughly impressed.” “I have found no occupational therapy book more interesting to me than this one. I always have to go outside of the field to find such rich and interesting material.” —Sharan Schwartzberg, EdD, OTR, FAOTA, Tufts University, Boston, Massachusetts - Introduces a new conceptual practice model that defines the communication skills, values, reasoning processes, and interpersonal behaviors required to form a unique and effective relationship between client and therapist. - Identifies six easy-to-apply modes of communication to guide the therapeutic dialogue—Advocating • Collaborating • Empathizing • Encouraging • Instructing • Problem solving. - Highlights intentional relationship models through case studies that reveal the interpersonal skills of 12 therapists from around the world. - Uses self-reflection exercises and assessments to allow readers to test their knowledge and reflect upon chapter content as it relates directly to clinical practice experience.

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