

Leisure For Canadians

In Canada, at least 5 percent of the population suffers from a serious, persistent mental illness such as schizophrenia or bipolar disorder. While recent years have seen many changes and improvements in the way we respond to the needs of mentally ill persons, there remain divisions of opinion among stakeholder groups about the way mental health services are delivered. Community Mental Health in Canada offers a timely, critical overview of the provision of public mental health services in Canada, looking at where we have come from, the current situation, and where we may be heading.

Mastering the Job Search Process in Recreation and Leisure Services, Second Edition, is a practical guide full of tools and advice for recreation and leisure service professionals. This book simplifies the process of securing a job in recreation and leisure service by explaining every step from both an employer's and applicant's point of view. Based on years of experience in the hiring process, this book reflects research conducted with over one thousand recreation and leisure services practitioners involved in the job search process. The book includes their advice as well as secrets to success.

Introduction to Recreation and Leisure, Second Edition, is a textbook designed for an initial undergraduate course in a recreation and leisure program. With its 21st-century views of recreation and leisure services, it incorporates indicators for future directions in the field and presents international perspectives as well as career opportunities in recreation and leisure. A new web resource is included.

The number and percent of older people in developed countries continue to grow, thanks to medical advances and decreases in fertility and mortality rates. And that means that tomorrow's recreation and leisure professionals will be more challenged than ever to meet the needs of an increasingly older culturally diverse population. Leisure and Aging: Theory and Practice provides students and professionals with a balanced perspective of current knowledge as it presents cutting-edge research from the fields of both gerontology and leisure studies. Written by authors from various disciplines who represent an international who's-who in leisure and aging research, this text • explores theories in leisure and aging; • bridges the gap between research and application, arming professionals with tools to navigate diverse cultures; and • offers insight into delivery of leisure services in older adult communities and long-term care environments. Each chapter features learning objectives, study questions, case studies, exercises, and relevant readings. The book is supplemented by online ancillaries, including an instructor guide, test package, and a presentation package with photos, illustrations, and tables from the text. Together, the text and online ancillaries help students connect theories and practice as they prepare for future roles in their chosen fields. Leisure and Aging is presented in five sections. Part I introduces global perspectives on leisure and aging, while part II examines the relevance of leisure in an aging context. Part III explores the effects of aging on physical, psychological, social, and spiritual well-being and health. Parts IV and V delve into the role of community in aging and leisure and long-term care and leisure. Written for undergraduate students, professors, and professionals in recreation, leisure, gerontology, and aging, Leisure and Aging provides a wealth of knowledge on various aspects of life for older people and the role of leisure in their lives. The text helps students think critically about a phase of life that seems remote from their own and provides perspective to their understanding of aging and leisure.

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Who's Who of Canadian Women is a guide to the most powerful and innovative women in Canada. Celebrating the talents and achievement of over 3,700 women, Who's Who of Canadian Women includes women from all over Canada, in all fields, including agriculture, academia, law, business, politics, journalism, religion, sports and entertainment. Each biography includes such information as personal data, education, career history, current employment, affiliations, interests and honours. A special comment section reveals personal thoughts, goals, and achievements of the profiled individual. Entries are indexed by employment or affiliation for easy reference. Published every two years, Who's Who of Canadian Women selects its biographees on merit alone. This collection is an essential resource for all those interested in the achievements of Canadian women.

Older Canadians on the Move is a comprehensive, high-quality, expert panel study that examines all modes of transportation, including but not limited to those under federal jurisdiction such as intercity buses, ferries, trains and planes. The report is Canadian-specific, taking into account the country's unique geography, vast size, low population density, and jurisdictional division of transportation control. Unlike other reports that focus on disability, this report examines the transportation needs that accompany normal changes associated with aging and focuses on older adults in general, rather than specific chronological ages or disabilities. Importantly, the Panel used a "door-through-door" approach when examining the issues, focusing on integrated seamless movement across the transportation network that would benefit everyone, regardless of background, age, or ability.

The book aims to promote the conservation of Canadian wetlands by showcasing their values as places of new life and as sites historically of sustainable agriculture, and by critiquing the negative press that has accrued to them in the past as places of disease and horror, of the melancholy and the monstrous. It does so in part by reading the Canadian canon against the grain, critiques its representation of wetlands and proposes alternatives by highlighting the work of recent and contemporary Canadian writers, such as Douglas Lochhead and Harry Thurston, who wrote appreciatively about wetlands and by entering into dialogue with American writers about wetlands. This book will promote dialogue between wetlands conservationists, researchers and universities both within Canada, particularly between English and French Canadians, and with the UK, US and Australia. It will be a major contribution to Canadian studies and to environmental cultural studies in Canada, the US, UK and Australia. It will enhance the understanding of wetlands internationally. Despite distance and vastly different geographies, Canada and Australia as colonies of the British Empire share many similarities, not least in regard to colonial European perceptions of wetlands as places of disease and horror, melancholy and the monstrous, as well as indigenous peoples' life with wetlands. Both countries also eventually perpetrated similar destructive impacts on wetlands via capitalism, industrialisation, urbanisation and modernisation. This book discusses all of these aspects. This book will create an international dialogue between researchers about the history and contemporary cultural values of wetlands in their respective countries and about their differences and similarities. It will enhance mutual respect between researchers for the contribution that different disciplinary approaches can and do make to the study and conservation of wetlands internationally. Canadians have largely been fixated on mountains, lakes and prairies as the national landscapes. Canadian wetlands have largely been neglected, yet Canada possesses 26% of the world's wetlands, many of which have international conservation status as Ramsar Convention Wetlands of International Importance. "

Introduction to Recreation and Leisure, Third Edition, gives students a broad view of the field, offering them a solid foundation for understanding the industry they plan to enter upon graduation. Students learn from the perspectives of 52 leading professors, professionals, and emerging scholars from the United States, Canada, Brazil, China, and around the globe. Led by new editors, Tyler Tapps and Mary Sara Wells, these experts introduce recreation and leisure foundational concepts, delivery systems, and programming services. Students benefit from the diversity of perspectives and viewpoints from around the world as they learn about the similarities and differences in the industry from an international perspective. The following are new to this edition: • New editors and contributors from around the world, including emerging scholars • Updated data throughout the book • New chapter sections • An expanded chapter on international perspectives on sustainability and ecotourism • Real-world connections to recreation and leisure theories that help students consider career options • A web study guide with On the Job learning activities, a glossary, chapter overviews, article summaries, and recommendations of websites to

explore A Strong Foundational Overview Introduction to Recreation and Leisure grounds students in the historical, philosophical, and social aspects of the industry. The authors offer fresh insights into community parks and recreation departments, nonprofit organizations, and commercial recreation and ecotourism enterprises. Students learn about various enriching educational programs and services for people of all ages. "The text encompasses a variety of services, including recreational sport management, outdoor and adventure recreation, health and wellness, and arts and culture," says Tapps. "It also exposes students to career options and supports them as they explore their interests and prepare for challenging careers in the industry." Text Contents The book is organized into three parts. In part I, students learn about the foundations of recreation and leisure, including the historical, philosophical, and social issues that have shaped the field. Part II explores various sectors of the field, including leisure service delivery systems, public recreation, the nonprofit sector, the for-profit sector (such as event and ecotourism enterprises), and therapeutic recreation, among others. Part III focuses on the programming of recreation and leisure services, including program delivery systems, recreational sport management, outdoor and adventure recreation, the nature of recreation and leisure as a profession, and more. Each chapter includes learning objectives that highlight the chapter's important concepts, as well as an Outstanding Graduates feature that introduces former students who have gone on to successful careers in the field. A glossary of important terms is included in the web study guide and instructor guide, which are part of the ancillary package. Ancillaries The text is supported by an instructor guide, a test package, a PowerPoint presentation package, and a web study guide that contains chapter summaries and learning experiences. These resources make it easier for instructors to prepare for and manage their courses, and they help students retain what they learn from the text. Guidance for Students Making Career Choices This fully updated text, with its insights and perspectives from top professionals and professors from around the globe, opens up the world of recreation and leisure for students, offering them vital information that will help them make informed choices as they move forward in pursuit of careers in this growing field. With its cutting-edge view of recreation and leisure services, Introduction to Recreation and Leisure prepares students for success in the field of recreation and leisure.

Sport, Leisure and Tourism is a practical guide to finding information, encouraging readers to make active use of libraries in their research. This book provides readers with an understanding of the major information search tools which are available. It is a starting point in the search for information which offers advice and indicates some of the major sources which are available. Sport, Leisure and Tourism Information Sources is aimed primarily at final year undergraduate and postgraduate students who are preparing a dissertation in the area of sport and leisure studies who need access to information sources. It is also ideal for academics for teaching purposes and practitioners in the sport and leisure industry needing to undertake research.

"Sport and Recreation in Canadian History is a comprehensive textbook which provides an examination of events, documents, and pivotal moments that contributed to the development of sport in Canada. Content ranges from indigenous recreation, and the integration of British culture. It moves to the emergence of organized sport and national sport organizations, and their impact on how sport is viewed across the country. Amateur and professional sport is covered in detail and finally the globalization of Canadian sport and its expansion and position on the international stage"--

Revision of: Foundations of therapeutic recreation / Terry Robertson, Terry Long (eds.). 2008.

Contributors question whether an aging society is necessarily inferior or problematic compared with the recent past, cautioning that exaggerated concerns about population aging can be harmful to rational policy making.

Leisure education plays a central role in both the field of leisure studies and the pursuit of leisure itself. Everywhere in the modern world the most effective use of free time for individuals comes with knowing about the many leisure activities available to them and the rewards and costs that accompany their interest in each. It is through leisure education in one form or another that they gain such knowledge. Yet, as important as this educational process is, its study is only beginning to take off in non-Western societies where, however, it cannot be assumed to be the same as in the West. This book contains several comparisons of Western and non-Western practices in leisure education. Knowing these practices contributes ultimately to a deep understanding of the nature of the huge variety of leisure activities enjoyed across the planet and of the reasons why people go in for the ones they do. This book was based on a special issue published in the World Leisure Journal.

This work looks into how, why, and when people pursue things in life that they desire, those that make their existence attractive and worth living. Robert A. Stebbins calls this "Positive Sociology," the study of what people do to organize their lives such that they become substantially rewarding, satisfying, and fulfilling. Western society has many challenges: crime, drug addiction, urban pollution, daily stress, domestic violence, and overpopulation. Significant levels of success in avoiding these problems brings a noticeable measure of tranquility, but it does not necessarily generate a positive life. Personal Decisions in the Public Square draws upon, in large part, the sociology of leisure, a "happy science." Among the basic concepts in the sociology of leisure are activity and human agency. The centrality of positive activity is one of its hallmarks and separates it from other social science specialties. Stebbins's positive sociology centers on conceptual roots found in the "serious leisure" perspective. This theoretical framework synthesizes three main forms of leisure (serious, casual, and project-based) while showing their distinctive features, similarities, and interrelationships. Positive sociology also considers two other domains of life: work and non-work obligations. This new approach focuses on the pursuit of "that which makes life worth living." Stebbins explores goals that are important to all people, such as negotiating the right work/family or obligation/leisure balance and the tricky relationship between money and happiness. Research scientists or the general public may find the ideas presented in this volume help them better understand and negotiate situations, by showing how to approach them in a positive way rather than as "problems" that need to be solved.

The urgent need to resolve conflicts over forests, fisheries, farming practices, urban sprawl, and greenhouse-gas reductions, among many others, calls for a critical rethinking of the nature of our democracy and citizenship. This work aims to move the ideas of green democracy and ecological citizenship from the margins to the centre of discussion and debate in Canada. Environmental Conflict and Democracy in Canada offers sixteen case studies to demonstrate that environmental conflicts are always about our rights and responsibilities as citizens as well as the quality of our democratic institutions. By bringing together environmental politics and democratic theory, this path-breaking collection charts a new course for research and activism, one that reveals the deficits of citizenship and how democracy must be extended to achieve a socially just, ecologically sustainable society.

Community-based research has recently gained attention within the sport and exercise sciences. When seeking to understand community based research methodologies, one finds a diversity of approaches spanning a breadth of ontological views and equally diverse methodological approaches. Though little is known about community-based sport, exercise and physical activity research, these foci are beginning to gain scholarly attention, in part through the emerging sport for development and peace literature. This book features a conceptual introduction and eight pioneering examples of community-based research from North American, European, and Oceanic scholars. The topic matter reveals scholarship undertaken in relation to health, physical activity, youth sport, and elite sport, exemplifying work with mainstream and marginalized populations. This book, perhaps the first compilation of community-based research relating to sport, exercise and health, will be of interest to sociologists of sport, sport and exercise psychology scholars, sport management scholars, qualitative researchers, health scholars and practitioners, sport for development organizations, and research ready communities seeking to engage in localized research projects. This book was published as a special issue of Qualitative Research in Sport, Exercise and Health.

The burgeoning social scientific study of tourism has emphasized the effects of the post-industrial economy on travel and place. However, this volume takes some of these issues into a different area of

leisure: the spare-time carved out by people as part of their everyday lives - time that is much more intimately juxtaposed with the pressures and influences of work life, and which often involves specific bodily practices associated with hobbies and sports. An important focus of the book is the body as a site of identity formation, experience, and disciplined recreation of the self. Contributors examine the ways rituals, sports, and forms of bodily transformation mediate between contemporary ideologies of freedom, choice and self-control.

In this new second revised edition of Canada the People, candid photos feature Canadian families and how they live. Updated facts and statistics support this fascinating portrayal of a nation built on immigration. Important issues that must be resolved with the Native peoples are sensitively portrayed.

The best book of the year in American Cox Book Review. The annual selection of books in Amazon online bookstore. The standards for perfect pets are all the same, but there are all kinds of imperfect pets! In the glass cover in the dark basement, various strange-looking creatures are enclosed. They are imperfect pets who make mistakes in the production process. Basi is a little monster with half a mouse and half an elephant. His escape plan will lead these weird friends into the real world together and find a way to survive.

This visually dynamic historical atlas chronologically covers American environmental history through the use of four-color maps, photos, and diagrams, and in written entries from well known scholars. Organized into seven categories, each chapter covers: agriculture * wildlife and forestry * land use and management * technology and industry * pollution and human health * human habitats * and ideology and politics. With valuable reference aids--including bibliographies, sources for further research, an extensive index, and newly designed maps--this is an indispensable tool for students and educators alike. For a detailed contents, a generous selection of sample articles, and more, visit the website Atlas of US and Canadian Environmental History website. Also includes 46 color maps.

End of chapter summaries and multiple choice questions that will ensure you gain a full understanding of key concepts.

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