

Figo Gdm And Maternal Nutrition Guidelines

Clinical Practice Guidelines for Midwifery & Women's Health, Sixth Edition is an accessible and easy-to-use quick reference guide for midwives and women's healthcare providers. Completely updated and revised to reflect the changing clinical environment, it offers current evidence-based practice, updated approaches, and opportunities for midwifery leadership in every practice setting. Also included are integrative, alternative, and complementary therapies. This book on gestational diabetes does not claim to cover all aspects of this complex and ever-evolving medical condition. It is an attempt by the group of authors to provide an overview, highlight important features, and bring to light certain recent advances in the diagnosis, screening, and understanding of gestational diabetes mellitus. As the book provides an overview of the condition, we are sure that reading it would provide medical undergraduates and postgraduates a quick revision for their exams. The current concepts section of the book may inspire more exploration into this area. It has been a pleasure to work with experts, both senior and junior, for this endeavor but we are particularly grateful to the publisher IntechOpen who have shown commitment and perseverance in completing this work. This new book deserves to be a success

and we are sure it will be.

Gestational Diabetes Mellitus and Risk of Autism Spectrum Disorders in Offspring: The Prospective Follow-up Study

BackgroundThe occurrence of gestational diabetes mellitus (GDM) is compatible with the prevalence of obesity, and these conditions have risen globally during recent years. Currently, among women of reproductive age, more than a third are obese, and an additional GDM up to 15 % will develop during pregnancy¹. Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by severe deficits in socialization, communication, and repetitive or unusual behaviors, affecting 1 in 68 children². GDM has been associated with increased risk of ASD in children while the association between maternal pre-pregnancy obesity and ASD has been inconsistent. Although morbid obesity and GDM are highly comorbid, rarely have studies attempted to analyze their independent and combined effects on ASD. The combination of maternal obesity and GDM is associated with greater risk of ASD than either obesity or GDM alone, particularly when ASD co-occurred with intellectual disability (ID).

AimThe aim of the study was to use birth cohort to (1) examine the independent and combined associations of maternal obesity and GDM with ASD in children, (2) analyze the effects of ID and attention-deficit/hyperactivity disorder (ADHD) in children with ASD.

MethodThe cohort from

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the small community (n=17,000 inhabitants) was included in the prospective follow-up study. Twenty-six mother-child pairs where the pregnant women had had GDM (group 1) and received antenatal care at one of the Gynecology Clinic in Latvia from January 2014 through June 2016 were included in the study. They will be prospectively followed-up and compared with 26 mother-child pairs where the pregnant women had had morbid obesity (group 2). According to the WHO, the diagnosis of GDM was made using a single-step 75 g oral glucose tolerance test (OGTT) when one or more of the following criteria were met during routine testing between weeks 24-28 of pregnancy: fasting plasma glucose 5.1-6.9 mmol/L; 1-hour post 75 g oral glucose load 10.0 mmol/L; 2-hour post 75 g oral glucose load 8.5-11.0 mmol/L. Morbid obesity was diagnosed by determining BMI of 30 kg/m² or more. Data about child's medical condition were obtained via retrospective review of medical records. Standardized instruments including a parent interview (Autism Diagnostic Interview-Revised [ADI-R]), an observational scale (Pre-Linguistic Autism Diagnostic Observation Schedule/Autism Diagnostic Observation Schedule [ADOS]) will be used for follow-up study for ASD, and independent clinical diagnoses will be made at ages 2 and 9 years compared with a clinical research team's criterion standard diagnoses. Results Mothers' average age in

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group 1 at the beginning of pregnancy was 30.8 +/-3.9 years and 29.2 +/-2.4 years in group 2. 39.1 % (n=9) of women with GDM had had GDM in a previous pregnancy. At the first antenatal visit, the mean maternal BMI ranged from 16.3 to 41.9 kg/m² and the diagnosis of morbid obesity was made in 26.9 % (n=7) of women in group 1. BMI in group 2 showed values from 30.2 to 39.5 kg/m². 38.5 % (n=10) of expectant women with GDM were consulted by endocrinologist during pregnancy. In group 1 nutrition counseling and physical activity as primary tools in the management of the disease was used in 69.2 % (n=18) and 80.8 % (n=21) of cases, respectively; in group 2 42.3 % (n=11) and 61.5 % (n=16), respectively. Post-partum endocrinology consultation and maternal glycemic status re-evaluation with a 75 g OGTT at 6-12 weeks after delivery received 19.2 % (n=5) of GDM patients. The mean newborn birth weight was 3728.3 +/- 928 g in GDM mothers and 3886 +/- 754 g in mothers with morbid obesity. 11.5 % (n=3) of women included in group 1 was primiparous, and 19.2 % (n=5) of women included in group 2. Discussion The findings suggest that children whose mothers had a combination of morbid obesity and GDM during pregnancy may have an elevated risk of developing ASD and ID. Given the interaction the role of in utero imprinting in increasing the risk of neurodevelopmental disorder in the offspring of mother with pre-pregnancy

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morbid obesity or GDM, as well as increasing maternal and fetal vulnerability to other noncommunicable diseases, there is needs to be a greater focus on preventing, screening, diagnosing, and managing morbid obesity in pre-pregnancy as well, GDM and implementing programmes for neurodevelopmental disorder follow-up.¹Hod M. et al. The International Federation of Gynecology and Obstetrics (FIGO) Initiative on gestational diabetes mellitus: A pragmatic guide for diagnosis, management, and care. *Int J Gynaecol Obstet* 2015; S173u2013S211. ²Li M. et al. The Association of Maternal Obesity and Diabetes with Autism and other Developmental Disabilities. *Pediatr* 2016; 137(2): e20152206.³Lord C. et al. Autism from 2 to 9 Years of Age. *Arch Gen Psychiatry* 2006; 63:694u2013701.

Bringing together experts from a variety of specialties to examine the issues and challenges of obesity, this book discusses how obesity affects fertility, reproduction and pregnancy.

Highly Commended in the Obstetrics and Gynaecology category at the British Medical Association Book Awards 2008 The third edition of *Clinical Obstetrics - The Fetus and Mother* is unique in that it gives in-depth attention to the two patients – fetus and mother, giving special coverage to each patient. *Clinical Obstetrics - The Fetus and Mother* covers the biology, pathology, and clinical

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Woman's Guide to Your Healthiest Pregnancy and Birth combines the expertise of top-tier physical therapist Patricia Ladis—who works with superstar athletes, professional dancers, and celebrities—with Dr. Anita Sadaty, a highly regarded holistic ob-gyn with a celebrity clientele. Together, they have devised a six-step protocol beginning the six months before conception continuing forty days post-birth and beyond, incorporating holistic principles that encourage optimal wellness for mother, partner, and baby. Whether they are in their 20's, 30's or 40's, this book empowers readers to be in tune with their bodies during all stages of pregnancy, and is the first book by a functional medicine dream-team aligning medical and structural body issues to avoid such potential pregnancy outcomes as osteoporosis, sciatica, pelvic prolapse, structural weakness, and postpartum depression. Each of the six stages organizes Ladis and Sadaty's holistic principles into five easy-to-follow aspects: Body, Movement, Breathing, Nourishment, and Wisdom. They include practical applications such as foods to help reduce internal inflammation, specific exercises—with instructive photos—in each stage, breathing techniques to lower stress, and “pearls of wisdom” backed by science exploring a multicultural history of this special time in a woman's life. For the first time, a pregnancy guide considers the importance of choices you make six months prior to conception, and the effect on genes. When both

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members of a couple are calm, fit, and well-nourished, the latest science suggests that together they are less likely to pass on negative genes to a child. The gold standard for midwives and students is back with Varney's Midwifery, Fifth Edition. New to this edition are chapters describing the profession of midwifery, reproductive physiology, clinical genetics, and support for women in labor. Interwoven throughout is information on primary care, gynecology, maternity care, and neonatal care. With chapters written by a variety of expert midwives and an increased emphasis on reproductive anatomy and physiology, this new edition assists students and clinicians in understanding not only what to do but why. Updated to reflect evidence-based care, this edition also discusses the pathophysiology of various conditions in the context of normal changes in the reproductive cycle. Also included are numerous new anatomical and clinical illustrations. In this edition, the skills chapters have been significantly revised and reformatted into relevant chapter appendices to help students, new midwives, and international readers learn essential skills in sequential steps. These critical midwifery skills include performing a pelvic examination, hand maneuvers for birth, delivery of a fetus in breech presentation, and current evidence-based steps for managing a postpartum hemorrhage. New Chapters Include:*

Professional Midwifery Today* Mental Health Conditions* Breast Conditions*

Anatomy and Physiology of the Female Reproductive System* Physiologic Changes in Pregnancy and Fetal Development* Genetics* Anatomy and Physiology of Pregnancy: Placental, Fetal, and Maternal Adaptations* Support for Women in Labor* Anatomy and Physiology of Postpartum* Anatomy and Physiology of the Newborn

Now in its second edition, this comprehensive handbook provides a state-of-the-art overview of recent advances in drug and non-drug therapies for obesity and diabetes. It also addresses major comorbidities, covering topics such as, cardiovascular diseases, renal and neuropsychiatric disorders, appetite control and micro RNAs. Special attention is also devoted to pediatric care, including the latest recommendations for therapy and prevention. Obesity and type 2 diabetes are among the top global health-care budget concerns worldwide and impact professional practice at all levels: in hospitals, clinics and physicians' offices alike. They prominently feature in headlines, and virtually no family, community or country is exempt from their protean, deleterious consequences. Furthermore, given the multiple intersections in their pathways, they often go hand in hand. The good news is that scientific advances in all fields, including genomics, metabolomics, lipidomics and microbiomics, are increasing our understanding of these two disease areas. At the same time, artificial intelligence, machine

learning, mobile health and advanced implantable and external devices are rendering prevention and management more available, safe and cost-effective. In addition, bariatric and metabolic surgery has evolved from a niche specialty to an officially endorsed option for several modalities of obesity and diabetes. This book presents the latest lifestyle, pharmacological, surgical and non-surgical treatment options, including endoscopic intervention and cell therapy. Objectively reviewing natural and artificial sweeteners and critically examining issues such as public health initiatives, government mandated taxes for unhealthy foods and environmental planning, no stone is left unturned in gathering the latest practical information. As such, the book will appeal to seasoned specialists, as well as students and healthcare professionals in training.

1. Prenatal Diagnosis of Chromosomal Abnormalities Asma Khalil, Amy Coates
2. Fetal Dysmorphology Nirmala Chandrasekharan, Amarnath Bhide
3. Impact of Advances in Genetics on Prenatal Diagnosis Tessa Homfray
4. Fetal Infections Francesco D'Antonio, Amarnath Bhide
5. Fetal Growth Restriction Giorgio Pagani, Amarnath Bhide
6. Early Pregnancy Complications Parikshit Dahyalal Tank
7. Identification and Antepartum Surveillance of High Risk Pregnancy Amol P. Pawar, Kaizad R. Damania
8. Preterm Birth Lilian Alabi-Isama, Austin Ugwumadu
9. Post Term and Prolonged Pregnancy Avinash Bhatt, Kaizad R.

Damania 10. Antepartum Haemorrhage Vedrana Caric, Amarnath Bhide 11. Venous Thromboembolism in Pregnancy Gargee Pandit, Kaizad R. Damania 12. Multiple Pregnancy Tiran Dias, Amarnath Bhide 13. Hypertensive Disorders in Pregnancy Vandana Bansal, Kaizad R. Damania 14. Haematological Disorders and Red-Cell Alloimmunization in Pregnancy Ann Koschorke, Michael Egbor, Amarnath Bhide 15. Diabetes in Pregnancy Gargee Pandit, Kaizad R. Damania 16. Cardiac Disease and Pregnancy Milind S. Phadke, Vinay R. Jaiswal 17. Other Medical Disorders in Pregnancy Ameya C. Purandare, Kaizad R. Damania 18. Tropical Diseases in Pregnancy Shirish N. Daftary 19. Abnormal Labour Kim Hinshaw, Sara Kenyon 20. Fetal Surveillance in Labour Rohana Haththotuwa, Muhunthan K, Sabaratnam Arulkumaran 21. Birth Asphyxia Vikram Sinai Talaulikar, Sabaratnam Arulkumaran 22. Operative Delivery Hemantha Senanayake, Sabaratnam Arulkumaran 23. Postpartum Haemorrhage Sadia Muhammad, Edwin Chandraharan 24. Maternal Collapse Leonie Penna 25. Obesity and Pregnancy Swetha Bhaskar, Venkat Bhaskar, and Tahir Mahmood 26. Clinical Governance and Audit Charlotte Cassis and Sambit Mukhopadhyay

Index Complimentary access to full e-book Three new chapters on Maternal Collapse; Obesity and Pregnancy; and Clinical Governance and Audit have been included, and most of the chapters have been updated thoroughly as per recent

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RCOG/WHO/NICE guidelines to facilitate the finding of information. More colored images like Doppler changes, addition of partograms for abnormal labour, tables, flowcharts have also been included.

Clinical Dilemmas in Diabetes answers the clinical questions commonly encountered when diagnosing, treating, and managing patients with diabetes and its associated complications. Designed to support informed, evidence-based care, this authoritative clinical guide includes contributions from leading endocrinologists and diabetes researchers that discuss a diverse range of recent developments. Concise and focused chapters cover prediabetes, diabetes diagnosis, initial evaluation and management, disease complications, and cardiovascular disease and risk factors. Now in its second edition, Clinical Dilemmas in Diabetes contains extensively reviewed and revised information throughout. New and updated chapters examine prediction, diagnosis, and management of early Type 1 diabetes, ophthalmic complications, screening asymptomatic patients for cardiovascular disease, new agents for treatment of dyslipidemia, closed loop systems in Type 1 diabetes, upper gastrointestinal manifestations, managing hyperglycemia in critically ill patients, and more. Edited by Dr. Vella at the Mayo Clinic, this highly practical resource: Encourages evidence-based clinical decision-making, rather than algorithm-based

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approaches Provides clear guidance on common problematic areas, especially in cases where conflicts in treatment for the disease and the complications occur Emphasizes the importance of translating the results of clinical trials to individual care and management of diabetes Contains effective learning and revision tools, including Learning Points, chapter introductions and summaries, tables and figures, color diagrams and charts, and full references Part of the popular Clinical Dilemmas series, Clinical Dilemmas in Diabetes is a must-have guide for anyone involved in the treatment of patients with diabetes, particularly endocrinologists, diabetes specialists and consultants, cardiologists, residents, fellows, specialist nurses, and general practitioners with an interest in diabetes.

Obesity and Obstetrics, Second Edition, brings together experts to examine the issues and challenges of obesity and obstetrics, also discussing how obesity affects fertility, reproduction and pregnancy. Beginning with the worldwide epidemic of obesity, chapters then go on to review obesity and hyperglycemia of pregnancy, management of labor, interventions to improve care during pregnancy, and long-term impact of maternal obesity. Provides an essential reference on the significant risk of complications during pregnancy, including early pregnancy loss, recurrent miscarriage and fetal developmental abnormalities Builds foundational knowledge on how maternal obesity

predisposes offspring to obesity, highlighting that the prevention of childhood obesity begins during pregnancy Assembles critically evaluated chapters focused on obesity and obstetrics to meet the practical needs of obstetricians, endocrinologists and general practitioners

The current edition is a revised edition of the 19th edition which was launched especially for Indian Nursing students. Thoroughly revised and presented in full color, the current edition would serve as a textbook in Maternity nursing to the students of B. Sc Nursing, post-basic B.Sc. Nursing and Diploma in nursing. This book is equally useful to the students of M.Sc Nursing and to those who are preparing to go abroad to work as nurse practitioners.

This book is a complete guide to the diagnosis and management of diabetes. Divided into eight sections, the text begins with an overview of the history, epidemiology and pathogenesis of the disease. The next chapters discuss different types diabetes, diagnosis, managements techniques, and monitoring. The following sections cover chronic and acute complications, and diabetes in special situations such as in pregnancy and during Ramadan. The book concludes with discussion on transplant, gene and stem cell therapy, psychosocial aspects, and public health and economics. The comprehensive text is further enhanced by clinical photographs, diagrams and exhaustive references.

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Key points Comprehensive guide to diagnosis and management of diabetes
Covers different types of diabetes and potential complications Includes
discussion on diabetes in special situations such as in pregnancy or during
Ramadan Features clinical photographs, diagrams and exhaustive references
An essential, up-to-date textbook for postgraduate trainees preparing for the
EBCOG Fellowship exam.

Diabetes mellitus is a major public health problem affecting over 415 million people in the world. Extensive research over the decades and the recent discovery of new medicines have revolutionized our understanding and treatment of both type 2 diabetes and type 1 diabetes mellitus. This book contains selected topics that describe recent advances in research, and state of the art treatment of the two types of diabetes mellitus and their complications. The topics encompass epidemiology and pathogenesis of diabetes, clinical features, diagnosis and treatment of diabetes and related complications. The chapters contain essential background materials, as well as recent advances in researches in different aspects of diabetes mellitus. The books is expected to be useful for researchers, research students, as well as for the clinicians engaged in diabetes care and diabetes research.

Blueprints Obstetrics and Gynecology provides students with a concise review of

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content for their ob/gyn rotations and the Boards. Each chapter is brief and includes pedagogical features such as bolded key words, tables, figures, and Key Points. New features in this edition include an image bank and a For The Boards section, which presents 4 clinical vignettes with 3-5 sequential item set-style questions at the end of each chapter. Additionally, 100 bonus board-format questions with answers and rationales appear at the end of the book; another 50 bonus questions are provided online and on a free mobile application available with purchase (mobile app also new to this edition). The mobile application will include all 150 questions plus -- if possible -- the clinical vignette questions at the end of each chapter.

This book is open access under a CC BY 4.0 license. This handbook synthesizes and analyzes the growing knowledge base on life course health development (LCHD) from the prenatal period through emerging adulthood, with implications for clinical practice and public health. It presents LCHD as an innovative field with a sound theoretical framework for understanding wellness and disease from a lifespan perspective, replacing previous medical, biopsychosocial, and early genomic models of health. Interdisciplinary chapters discuss major health concerns (diabetes, obesity), important less-studied conditions (hearing, kidney health), and large-scale issues (nutrition, adversity)

from a lifespan viewpoint. In addition, chapters address methodological approaches and challenges by analyzing existing measures, studies, and surveys. The book concludes with the editors' research agenda that proposes priorities for future LCHD research and its application to health care practice and health policy. Topics featured in the Handbook include: The prenatal period and its effect on child obesity and metabolic outcomes. Pregnancy complications and their effect on women's cardiovascular health. A multi-level approach for obesity prevention in children. Application of the LCHD framework to autism spectrum disorder. Socioeconomic disadvantage and its influence on health development across the lifespan. The importance of nutrition to optimal health development across the lifespan. The Handbook of Life Course Health Development is a must-have resource for researchers, clinicians/professionals, and graduate students in developmental psychology/science; maternal and child health; social work; health economics; educational policy and politics; and medical law as well as many interrelated subdisciplines in psychology, medicine, public health, mental health, education, social welfare, economics, sociology, and law.

This volume presents the scientific advances and current status of our understanding of precision medicine for common diseases in gynecology and obstetrics. Standard treatments based on clinical guidelines in the field have been established for decades, and those are

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essential to daily clinical practice. Meanwhile comprehensive genomic and genetic analyses have led to personalized medicine by precise clinical and genomic approaches. This book is organized into two major parts, gynecology and obstetrics, and the chapters in each part give a clear exposition of the current knowledge and the future perspectives for the treatment of various gynecological cancers, maternal disorders, and other diseases that affect female patients. Topics on novel treatment strategy with the application of molecular targeted drugs, immunotherapy, and prevention medicine are also covered. This collection benefits not only experienced gynecologists and obstetricians, but also young physicians who would like to begin clinical and basic research on diseases in women, researchers in basic medicine, and all medical oncologists who are involved in gynecological cancers.

Diabetes mellitus, one of the most prevalent complications during pregnancy, can cause a range of problems for women and their developing babies. The number of types of diabetes during pregnancy has dramatically increased worldwide in recent years. Obesity is a very common risk factor for the development of GDM and type 2 diabetes. To prevent birth defects and other health problems, optimal healthcare before and during pregnancy is mandatory. To reach this goal, a multidisciplinary approach is of major importance. This book presents the latest knowledge on the physiopathology, diagnosis, autoimmunity, genetics, omics, and management and treatment of diabetic pregnancy. Renowned healthcare professionals and academic experts provide insights into the complexity of diabetic pregnancy, its treatment, and pregnancy complications. This is a comprehensive overview of the clinical characteristics of pregnancy-related type 1 and 2 diabetes as well as of gestational diabetes. It is a must-read for everyone involved in the monitoring of diabetes during pregnancy.

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Salient Features: - The Clinical Atlas of Diabetes Mellitus is a must read book created with the idea of what is important for the physicians who take care of patients with diabetes. - It is a practical and comprehensive manual without unnecessary research details. - Each chapter is comprehensively written by authorities from across the world with extensive clinical experience. - Pictures, tables, flow diagrams and bullet points make its reading simple and direct.

Nutrition and Diet in Maternal Diabetes An Evidence-Based Approach Humana Press
Prefazione di Luciana Baroni, Presidente della Società Scientifica di Nutrizione Vegetariana. Il Diabete Gestazionale sta diventando, analogamente al Diabete di tipo 2 a cui è strettamente correlato, un'emergenza mondiale, con importanti risvolti di salute pubblica. Il libro scaturisce dalla esperienza trentennale dell'autrice e dalla sua passione nel correlare gli alimenti ai valori glicemici, per raggiungere un controllo metabolico ottimale e un'adeguata crescita fetale. Nella parte introduttiva si spiega in linguaggio semplice ma con basi scientifiche cosa è il Diabete Gestazionale e quali sono le sue conseguenze, mentre la parte pratica si compone di menù semplici e veloci per colazione, pranzo, e cena, da alcuni menù da 1800/2000 calorie e da una sezione di ricette, suddivise in colazione, pranzo e cena.

This comprehensive volume covers all aspects of nutrition in different scenarios of maternal diabetes, including the Type 1 or Type 2 diabetic mother, gestational diabetes, and postpartum diabetes. The volumes offer a comprehensive, yet thorough, overview of the subject, from the prevalence, risk factors, and insulin requirements of the mother; to possible outcomes and effects on the infant; to dietary advice in general and specific scenarios; and information on macro and micronutrient supplements. There is also a special section on international

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perspectives on maternal diabetes, with ten chapters that each focus on a different country. Nutrition and Diet in Maternal Diabetes: An Evidence-Based Approach offers an overview of the Type 1 and type 2 diabetic mother, maternal and offspring aspects of gestation diabetes, and breastfeeding and maternal gestational diabetes.?

This textbook is a comprehensive reference providing clinicians with the latest advances in the management of diabetes in pregnancy and the role of ultrasound. Beginning with an overview of the diagnosis and basic treatment of diabetes in pregnancy, the next chapter discusses foetal behaviour in normal pregnancy and in diabetic pregnancy. The following sections cover the role of ultrasound in diabetic pregnancy and for diabetes-related congenital anomalies. The final chapter covers diabetes and obesity in pregnancy. Authored by recognised experts in the field, the book is further enhanced by ultrasound images and other illustrations. Key points Comprehensive guide to management of diabetes in pregnancy and the role of ultrasound Examines foetal behaviour in both normal and diabetic pregnancy Includes chapter on diabetes and obesity in pregnancy Authored by recognised experts in the field

Primary Care of Women, Second Edition is an essential and easy-to use resource for healthcare providers who offer primary care to women. Ideal for new and experienced clinicians, it focuses on the need to address women's health

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holistically. Each chapter begins by discussing common symptoms and how to evaluate them before moving on to diagnosis and management of the most common conditions seen in women. Topics include prevention, screening, management of common health problems, and the presentation and management of common health issues in pregnancy. Completely updated and revised, the Second Edition includes new chapters on sleep disorders, dental health, and complementary and alternative medicine. Also included is an increased focus on topics such as mental health and violence.

There has never been a comprehensive pharmacotherapy reference focused on women and women's health - until now. A unique primary reference developed to help educate pharmacy students, pharmacists and other health care professionals in an area of deservedly growing interest and importance.

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