



path.” —Dr. Anthony Godfrey, PhD, ND, author of Deep Immunity “Ara Wiseman has written a multi-dimensional book that not only shows us the way to excellent physical health, but also the process of wholeness in relationships. Highly recommended.” —John Randolph Price, bestselling author and chairman of the Quartus Foundation

What is consciousness? Much as the ocean is an enormous compendium of individual raindrops, human consciousness is made up of billions of individual minds... Purchase this in-depth summary to learn more.

An inspiring chronicle of life-changing encounters, personal transformation and a vision of love that transcends the everyday definition, to embrace universal kindness and compassion, based on the knowledge that all beings are one family and that our capacity to love is one of the world's most hidden yet powerful resources. The book is groundbreaking in its affirmation of love as a pathway for people of widely differing viewpoints. Unexpectedly changed by love, Fran Grace went on a journey to learn more about its power to transform and heal. She interviewed renowned spiritual teachers, scientists, activists and artists, all chosen with the help of her spiritual teacher. Each encounter helped her overcome obstacles on her path. The book gives readers a direct encounter with teachers of love in the world today. From diverse faiths and fields of work, they reveal the power of love to be the next frontier of global consciousness, suggesting many ways to uncover it and live it. Includes photographs and unique contributions from: Dr. David R. and Susan Hawkins - H. H. the 17th Karmapa - Father Pavlos of Sinai - Llewellyn and Anat Vaughan-Lee - Mona Polacca and The International Council of the 13 Indigenous Grandmothers - Betty J. Eadie - Belvie Rooks & Dedan Gills - Dr. William and Jean Tiller - Jetsunma Tenzin Palmo - Huston Smith - Mother Teresa and the Missionaries of Charity - Sadhguru Jaggi Vasudev - Dr. Viktor Frankl (with grandson Alexander Vesely and Frankl family representative Mary Cimiluca) - Swami Chidatmananda. Fran Grace's personal narrative is pulsed by her encounters with the pioneering teachers of love listed above, each of whom has a chapter that includes a brief biography, excerpts from their dialogue with the author, and her sense of how the encounter helped her to overcome the many obstacles to love. The book takes readers on a journey into Buddhist and Hindu monasteries in India, an Indigenous Grandmothers' fire circle in the Black Hills, Mother Teresa's Homes for the Poor in Rome, Calcutta, and Tijuana, laboratory of a Stanford physicist, home of a Sufi sheikh, largest meditation hall in N. America, and a college classroom in California. She interviews those familiar with the stark Sinai desert, slave dungeons in Ghana, and near-death experiences. In the end, love is found to animate every moment of ordinary life. Inspiring story of personal transformation. Compelling account of how the world is transformed through everyday acts of kindness. A rich resource of teachings on love, healing and compassion from a wide range of spiritual traditions, with a rare inside view of some of the world's most respected teachers. Includes index, biographical profiles, bibliography, endnotes.

Success Is for You draws upon many concepts that fans of Dr. Hawkins will recognize and applies them to the world of business and the psychology of success. Expanding upon the illuminating discussion of the attractor patterns of success from Power vs. Force, this remarkable never-before-published book pulls back the curtain on the inner workings of the successful mind. Success, according to Dr. Hawkins, is an attitude we inhabit, rather than a goal we strive for. New readers will find this to be a perfect introduction to an incredible teacher and foremost expert on mental processes, providing profound insights and real-world examples to help anyone focus on—and consequently achieve—what they desire. This fascinating book reveals: • The causality formula for success (and deconstruction of so-called failure) • How goodwill can actually turn to profit • Nine acid-test steps to determine our mode of being • How to "get to the top" (and why the destination is really our starting point) Yet its scope ranges far beyond a mere how-to manual. As Dr. Hawkins says, "Having facts and know-how . . . does not guarantee success. There are other factors involved. It is these other secret factors that we are going to explore." The secret factors—the energetic power principles underlying success—are decoded here . . . delivering an eternal message of possibility for us all.

Chinese edition of The power of now - a guide to spiritual enlightenment by Eckhart Tolle, the author of One World. Tolle is considered the eminent spiritual teacher in the world. His message in this bestseller is: living in the now is the truest path to happiness and enlightenment

Our world is at a crossroads; we must choose between two alternatives. The first is capitalism as we know it today—an amoral culture of short-term self-interest, profit maximization, emphasis on shareholder value, isolationist thinking, and profligate disregard of long-term consequences. Based on narrow assumptions about human nature and motivation, this system is unsustainable, a monster set to consume itself. The second alternative is "spiritual capital"—a values-based business culture in which wealth is accumulated in order to generate a decent profit while acting to raise the common good. Rather than emphasizing shareholder value, spiritual capital emphasizes "stakeholder value," where stakeholders include the whole human race, present and future, and the planet itself. Spiritual capital nourishes and sustains the human spirit. The crucial question is how we can move from one alternative to the other—how we can move from present-day business capitalism to Spiritual Capital. Danah Zohar and Ian Marshall introduce the concept of spiritual intelligence (SQ), and describe how it can be used to shift individuals and our culture from a state of acting from lower motivations (fear, greed, anger, and self-assertion) to one of acting from higher motivations (exploration, cooperation, power-within, mastery, and higher service). Zohar and Marshall describe how this shift actually happens a given organizational culture. They look in depth at the issues that dominate corporate culture and how they are influenced by the processes of SQ transformation and discuss the leadership elite who must be the ones to bring about and embody this cultural shift. Finally, Zohar and Marshall argue that spiritual capital is still a valid and workable form of capitalism and detail what we, as individuals, can do to make it happen.

From learning how to jump obstacles on horseback in the Modern Pentathlon to competing in triathlons in France, this is an action-packed autobiography of a young South African athlete sharing her dream of becoming a world champion. A dream which seemed impossible during the sports boycott against apartheid. Dr Sibis Mouton speaks to us from the heart as she ranges from her childhood, her family, to her travels around the world and her internal journeys, heart-aches and victories. Life experiences, like swimming with the dolphins in the Miami Keys or photographing the famous Masai Mara migration in Kenya, are given deeper spiritual significance and take us on a mystical journey to discover the meaning and purpose of life. This is an uplifting and inspiring story that should convince the reader that life is indeed a miracle to be enjoyed and treasured.

Imagine—what if you had access to a simple yes-or-no answer to any question you wished to ask? A demonstrably true answer. Any question . . . think about it.— from the Foreword We think we live by forces we control, but in fact we are governed by power from unrevealed sources, power over which we have no control.— from the author's Preface The universe holds its breath as we choose, instant by instant, which pathway to follow; for the universe, the very essence of life itself, is highly conscious. Every act,





world as we know it today is often faced with natural as well as manmade disasters, from ice storms to terrorist attacks .but do we know how to prepare and what to do during various types of emergencies? The book you now hold gives you some power over disasters that may be impending or present. The information contained will assist you to prepare and protect your loved ones and property when faced with an emergency situation. The author has put together valuable facts and tips that will help to save lives. You will learn: · How to prepare your family and home for emergencies · How to prepare your safe place and shelter · How to prepare your emergency kit and essential supplies

A vivid portrait of both the traumas of war and the shamanic healing ceremonies of ayahuasca • Explains how our culture lacks rites of passage and how shamanic ritual can fill this gap • Reveals how ayahuasca frees your consciousness from inherited beliefs, fears, and traumatic experience, allowing healing from PTSD, enabling genuine growth, and offering an enlightening path out of the malaise, discontent, and dissatisfaction that life in a modern world often brings • Details the author's experiences in Afghanistan, sailing on the Amazon river with a shaman, and the many ayahuasca ceremonies he experienced in the jungle After returning from a tour of duty during the war in Afghanistan, Alex Seymour needed a way to cope with the extremes he experienced as a member of the Royal Marine Commandos, losing 7 men in his unit, and having his best friend critically injured by a Taliban bomb. Drawing upon his pre-deployment experiences, Alex knew that entheogens could help him release his fears and traumas. But he also knew that simply taking psychedelics wasn't enough--he needed ceremony, something sacred to draw meaning from his experiences, to help him reassess not only the war and his role in it, but his entire life. So he set out for the Amazon in search of the hallucinogenic brew known as ayahuasca and a shaman to guide him. The result is a crazy, page-turning adventure where he journeys deep into the jungle and himself. Alex soon finds himself deep within the jungle on an incredible adventure, sailing on the Amazon river with an ayahuasca shaman and his troop of 8 female shamans, whose ethereal songs help guide participants during the nightly ayahuasca ceremonies. Accompanied by others seeking wisdom and a redemptive experience from their First World professional lives, Alex finds his core beliefs fundamentally challenged, replaced by the power of direct experience of the sacred, which allows him to release his fears from the war and set an inspiring path for the future. Painting a vivid portrait of both the anguish of war and the transcendent world of shamanic ritual, the author shows how young people often enlist in the military to satisfy our human need for a rite of passage into adulthood, a ritual sorely missing in our culture. He explores how ayahuasca can offer a way to help soldiers prepare for war and help combat veterans heal from war and overcome PTSD--as well as alcoholism and addiction. From Afghanistan to the Amazon, the author shows how ayahuasca frees your consciousness from inherited beliefs and fears, offering a truly transformative rite of passage. Do our intentions affect the physical world, including health? Can science or religion provide an answer to this question? This book answers these questions with an emphatic yes. In volume two of the series, Steve Tonsager introduces the world of whisperology, a place in which matters of science and spirit are no longer at odds with each other. Tonsager believes that his work furnishes one more example of the power of intention to create change and positively influence health. He uses the metaphor of a whisper to bring the nonphysical and physical domains together in a manner that celebrates the power and efficacy of intention. Tonsager introduces Intention Based Field Resonance Testing to describe his intentions, methodologies, and findings in the use of bioresonance testing. The book offers exercises and encouragement to anyone who believes that the cultivation of intention can have a significant impact personally and professionally.

The 9 Steps to Keep the Doctor Away empowers readers with knowledge about how to optimize their lives for overall health, and shows them that when it comes to health, an ounce of prevention is indeed worth a pound of cure. The strategies Dr. Buttar presents encompass all aspect of health—including the importance of laughter and meditation to our bodies. The steps also counter many of our commonly held beliefs about health, and will revolutionize readers' understandings of how their bodies work.

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