

Current Psychotherapies Case Studies In Psychotherapy

Exploring clinical examples of the lived experiences of trans people across the lifespan, this unique and authoritative book addresses topics such as attending school, puberty, employment issues, suicide, bullying, autism and intersecting identities. Divided into three sections, childhood, adolescence, and adulthood, the book brings the case studies to life and dispels common myths by including short responses from leading professional experts. By enabling a greater knowledge of work with trans people and therefore filling an important gap in available literature, *Case Studies in Clinical Practice with Trans and Gender Non-Binary Clients* allows mental health providers to understand the nuanced differences of handling clinical concerns for their trans clients.

Contemporary Case Studies in School Counseling is not a guide to school counseling but rather a conversation starter on the challenges that school counselors face on a daily basis.

With simple cases of premature ejaculation or anorgasmia becoming increasingly rare, clinicians are now utilizing a sophisticated array of multidisciplinary approaches to treat a complex variety of challenging problems and patient populations. Bringing together, under one cover, case studies and clinical discussions by the very authorities whose work is changing the field, *Case Studies in Sex Therapy* provides a state-of-the-art guide to current clinical practice. Chapters in the first section focus on cases of sexual desire disorders and explore such issues as desire disparity between partners, clinical interventions in marital and sex therapy, biological aspects of inhibited sexual desire, treatment considerations with a homosexual couple, the application of integrative therapy for treating secondary low sex desire, and the many factors that may contribute to sexual avoidance. The next section demonstrates both the opportunities and the complex challenges posed to the clinician by the array of new medical, surgical, and pharmacological therapies. Addressing the growing interest in sexual addiction and compulsion, the third section covers controversial issues such as the treatment of a sexually addictive client and the treatment implications when a client has been sexually exploited by another therapist.

"British Association for Counselling and Psychotherapy."

This highly successful book has been called the most comprehensive book on the market, providing readers with needed career theory as well as practical techniques and examples. Through the author's clear writing style, case examples, tables, and exercises, readers develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical information on how to effectively counsel clients about career issues.

This book uniquely combines CBT with the Department of Health stepped care model to provide the first comprehensive case study-approach textbook. A step-by-step guide to using CBT, the book is structured around case studies of clients who present with the most commonly encountered conditions; from mild to more complex, enduring symptoms and diagnosis. This distinctive practical format is ideal in showing how to put the principles of CBT and stepped care into effect. As well as echoing postgraduate level training, it provides an insight into the experiences the trainee will encounter in real-world practice. Each chapter addresses a specific client condition and covers initial referral, presentation and assessment, case formulation, treatment interventions, evaluation of CBT strategies and discharge planning. Specific presenting problems covered include: - First onset and chronic Depression - Social Phobia - Obsessive-Compulsive Disorder - Generalised Anxiety Disorder (GAD) - Chronic Bulimia Nervosa and Anorexia nervosa - Alcohol Addiction - Personality Disorder The book also includes practical learning exercises for the reader and clinical hints, as well as extensive reference to further CBT research, resources and reading. This timely text will be invaluable for trainees on Improving Access to Psychological Therapies (IAPT) programmes, and anyone studying on postgraduate CBT courses.

Used in top counseling, psychology, and social work programs, *CURRENT PSYCHOTHERAPIES* is the ideal resource to not only help you excel in the course, but also to learn, compare, and apply the major systems of psychotherapy in a way that will be meaningful in your own practice. Each contributor is either an originator or a leading proponent of one of the systems, and each presents the basic principles of the system in a clear and straightforward manner, discussing it in the context of the other systems. Theory chapters include a case example that guides you through the problem, evaluation, treatment, and follow-up process. Accompanying *CURRENT PSYCHOTHERAPIES* is *CASE STUDIES IN PSYCHOTHERAPY*, each case demonstrates the basic techniques and methods of the theory being illustrated. This edition retains classic case studies by Harold Mosak, Carl Rogers, Albert Ellis, Arnold Lazarus, and Peggy Papp.

More people are in psychotherapy than ever before. Yet most of them have no idea of the vast differences between the hundreds of various schools of therapy. *Therapy Breakthrough* is the first book to clearly explain the theories and practices of the two big camps: Psychodynamic or PD therapy and Cognitive-Behavioral or CB therapy. PD therapists believe that emotional problems are caused by hidden forces in our unconscious minds, forces that cannot be observed directly and that resist being uncovered. CB therapists, by contrast, maintain that the roots of people's emotional and behavioral disturbances can be identified by direct questions, and these problems can then be tackled by straightforward techniques. *Therapy Breakthrough* is written from the standpoint of CB therapy. Using psychological research, philosophy, and common sense, it argues that PD therapy is founded on mistaken theories of the mind, and explains how to apply CB methods directly to your own problems.

Highly respected and used in the field's top programs, *CURRENT PSYCHOTHERAPIES* provides students of counseling, psychology, and social work with an authoritative treatment of the major systems of psychotherapy. Each contributor is either an originator or a leading proponent of one of the systems, and each presents the basic principles of the system in a clear and straightforward manner, discussing it in the context of the other systems.

The ultimate guide for anyone wondering how President Joe Biden will respond to the COVID-19 pandemic—all his plans, goals, and executive orders in response to the coronavirus crisis. Shortly after being inaugurated as the 46th President of the United States, Joe Biden and his administration released this 200 page guide detailing his plans to respond to the coronavirus pandemic. The National Strategy for the COVID-19 Response and Pandemic Preparedness breaks down seven crucial goals of President Joe Biden's administration with regards to the coronavirus pandemic: 1. Restore trust with the American people. 2. Mount a safe, effective, and comprehensive vaccination campaign. 3. Mitigate spread through expanding masking, testing, data, treatments, health care workforce, and clear public health standards. 4. Immediately expand emergency relief and exercise the Defense Production Act. 5. Safely reopen schools, businesses, and travel while protecting workers. 6. Protect those most at risk and advance equity, including across racial, ethnic and rural/urban lines. 7. Restore U.S. leadership globally and build better preparedness for future threats. Each of these goals are explained and detailed in the book, with evidence about the current circumstances and how we got here, as well as plans and concrete steps to achieve each goal. Also included is the full text of the many Executive Orders that will be issued by President Biden to achieve each of these goals. The National Strategy for the COVID-19 Response and Pandemic Preparedness is required reading for anyone interested in or concerned about the COVID-19 pandemic and its effects on American society.

In this unique work, eighteen of the most influential and significant figures in the various subareas of behavior therapy (from behavior analysis through cognitive therapy) are brought together to discuss their work and the sources and influences that

affected it. At times moving, profound, and humorous, it casts a new and perhaps more human light on the most influential movement in behavioral health in the latter part of the 20th century. These intellectual biographies range in tone and intensity as each author uses their own particular style to convey their views about the field and their individual impact on it. For those interested in the behavioral and cognitive movement, this book is a must have since it is the only book to have chronicled the individual histories of the founders of the applied behavioral movement before they are lost forever.

This text is filled with case studies describing specific voice therapy techniques, written by the "who's who" of voice disorders. Through interesting case study formats, readers are guided through the nuances of management techniques for a wide variety of voice disorders including vocal hyperfunction in children and adults, psychogenic voice problems, neurogenic disorders, disorders unique to the professional voice, and special disorders such as treatment of Gastroesophageal Reflux Disease, paradoxical vocal fold movement, and transsexual voice. The completeness of the management descriptions makes this an excellent guide for students as well as clinicians in their clinical practice.

"Examines how to apply clinical theories to social work practice. Contains a wide range of cases described in rich detail by practitioners, scholars, and researchers. Chapters represent contexts and approaches across the social work spectrum, so students will get to glimpse into the clinical experience of a full range of professionals. Covers the most important areas in social work practice, including: child welfare and adoption, individual and group treatment, school and community settings, family treatment and parent training"--

Using compelling contemporary and classic cases, CASE STUDIES IN PSYCHOTHERAPY brings to life essential concepts and practices in psychotherapy. The Seventh Edition of this popular casebook features intriguing new cases added to illustrate Psychoanalysis, Client-Centered Therapy, Existential Therapy, Interpersonal Therapy, Contemplative Therapies, and Therapy in a Multicultural context. There's also an entirely new chapter on Positive Psychotherapy. The book maintains its parallel structure with the Tenth Edition of Wedding and Corsini's CURRENT PSYCHOTHERAPIES, providing you with the most comprehensive look at psychotherapy available today. All of these insightful cases are chosen for intrinsic interest, clarity of presentation, and the ability to most effectively demonstrate the basic techniques and methods of the theory being illustrated. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

The casebook provides 17 additional case histories based on the authors' clinical experiences, each going beyond DSM-IV diagnosis to describe the individual's history and symptoms, a theoretical discussion of treatment, a specific treatment plan, and the actual treatment conducted. The casebook also provides 3 cases without diagnosis or treatment, so students can identify disorders and suggest appropriate therapies.

This bestselling guide to the basic theory, skills and applications of cognitive behaviour therapy is fully updated to reflect recent developments in CBT theory. It includes in-depth material on working with diversity, and new case studies and exercises to help you reflect and explore how theory can be used to develop effective practice. The Companion Website features over 40 videos illustrating the CBT skills and strategies discussed in the book, including: Measuring CBT's effectiveness Socratic method and applications Physical techniques and behavioural experiments Applications of CBT to specific client disorders Using supervision in CBT.

The Handbook of Mental Health and Aging, Third Edition provides a foundational background for practitioners and researchers to understand mental health care in older adults as presented by leading experts in the field. Wherever possible, chapters integrate research into clinical practice. The book opens with conceptual factors, such as the epidemiology of mental health disorders in aging and cultural factors that impact mental health. The book transitions into neurobiological-based topics such as biomarkers, age-related structural changes in the brain, and current models of accelerated aging in mental health. Clinical topics include dementia, neuropsychology, psychotherapy, psychopharmacology, mood disorders, anxiety, schizophrenia, sleep disorders, and substance abuse. The book closes with current and future trends in geriatric mental health, including the brain functional connectome, repetitive transcranial magnetic stimulation (rTMS), technology-based interventions, and treatment innovations. Identifies factors influencing mental health in older adults Includes biological, sociological, and psychological factors Reviews epidemiology of different mental health disorders Supplies separate chapters on grief, schizophrenia, mood, anxiety, and sleep disorders Discusses biomarkers and genetics of mental health and aging Provides assessment and treatment approaches

The definitive account of existential psychotherapy. Existential therapy is practiced throughout the world. But until now, it has lacked a coherent structure. In Existential Psychotherapy, Irvin Yalom finds the essence of existential psychotherapy, synthesizing its historical background, core tenets, and usefulness to the practice. Organized around what Yalom identifies as the four "ultimate concerns of life" -- death, freedom, isolation, and meaninglessness -- the book takes up the meaning of each existential concern and the type of conflict that springs from our confrontation with each. He shows how these concerns are manifested in personality and psychopathology, and how treatment can be helped by our knowledge of them. Drawing from clinical experience, empirical research, philosophy, and great literature, Yalom provides an intellectual home base for those psychotherapists who have sensed the incompatibility of orthodox theories with their own clinical experience, and opens new doors for empirical research. The fundamental concerns of therapy and the central issues of human existence are woven together here as never before, with intellectual and clinical results that will

surprise and enlighten all readers.

"Case Studies in Multicultural Counseling and Therapy is a magnificent resource that will help create a greater bridge of understanding between the academic, research, and applied domains of the mental health professions." —From the Foreword by Thomas A. Parham, PhD, Vice Chancellor, Student Affairs, University of California, Irvine; Distinguished Psychologist, Association of Black Psychologists An indispensable collection of real-life clinical cases from practicing experts in the field of multicultural counseling and psychotherapy Case Studies in Multicultural Counseling and Therapy is a one-of-a-kind resource presenting actual cases illustrating assessment, diagnostic, and treatment concerns associated with specific populations. The contributors—well-known mental health professionals who specialize in multicultural counseling and psychotherapy—draw on their personal experiences to empower therapists in developing an individually tailored treatment plan that effectively addresses presenting problems in a culturally responsive manner. Providing readers with the opportunity to think critically about multicultural factors and how they impact assessment, diagnosis, and treatment, this unique book: Covers ethical issues and evidence-based practice Integrates therapists' reflections on their own social identity and how this may have influenced their work with their clients Considers the intersectionality of racial/ethnic, class, religious, gender, and sexual identities Contains reflection and discussion questions, an analysis of each case by the author, and recommended resources Includes cases on racial/ethnic minority populations, gender, sexuality, poverty, older adults, immigrants, refugees, and white therapists working with people of color Aligns with the ACA's CACREP accreditation standards, the APA guidelines for multicultural competence, and the AMCD Multicultural Counseling Competencies

Case Studies in Psychotherapy Cengage Learning

Offers 12 real-life stories written by infant mental health specialists about their work with young children and families. Each case study also reveals the supervision and consultation that supported the specialist, and the specialist's interaction with the larger service system. Used in top counseling, psychology, and social work programs and now in its tenth edition, CURRENT PSYCHOTHERAPIES helps readers learn, compare, and apply the major systems of psychotherapy in a way that will be meaningful in their own practices. Each contributor is either an originator or a leading proponent of one of the systems, and presents the basic principles of the system in a clear and straightforward manner, discussing it in the context of the other systems. Theory chapters include a case example that guides readers through the problem, evaluation, treatment, and follow-up process. CASE STUDIES IN PSYCHOTHERAPY, which accompanies the book, offers corresponding cases that demonstrate the basic techniques and methods of the theory being illustrated. Available with InfoTrac Student Collections <http://goengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The Oxford Handbook of Cognitive and Behavioral Therapies provides a contemporary and comprehensive illustration of the wide range of evidence-based psychotherapy tools available to both clinicians and researchers. Chapters are written by the most prominent names in cognitive and behavioral theory, assessment, and treatment, and they provide valuable insights concerning the theory, development, and future directions of cognitive and behavioral interventions. Unlike other handbooks that provide a collection of intervention chapters but do not successfully tie these interventions together, the editors have designed a volume that not only takes the reader through underlying theory and philosophies inherent to a cognitive and behavioral approach, but also includes chapters regarding case formulation, requisite professional cognitive and behavioral competencies, and integration of multiculturalism into clinical practice. The Oxford Handbook of Cognitive and Behavioral Therapies clarifies terms present in the literature regarding cognitive and behavioral interventions and reveals the rich variety, similarities, and differences among the large number of cognitive and behavioral interventions that can be applied individually or combined to improve the lives of patients.

This classic handbook provides scientific assessment of the efficacy of the most popular psychotherapeutic orientations to promote the use of evidence-based interventions to affect behavioral change and positive client outcomes. Thoroughly updated and revised, the Sixth Edition keeps pace with the rapid changes that are taking place in the field, such as new findings made possible by neuroimaging and gene research, and includes new chapters on psychotherapy process-outcome research, psychodynamic approaches, and training and supervision.

Brain-based therapy is the fastest-growing area in the field of psychological health because it has proven that it can immediately address issues that talk therapy can take years to heal. Now Dr. David Grand presents the next leap forward in psychological care—combining the strengths of brain-based and talk therapies into a powerful technique he calls Brainspotting. In Brainspotting, Dr. Grand reveals the key insight that allowed him to develop this revolutionary therapeutic tool: that where we look reveals critical information about what's going on in our brain. Join him to learn about: The history of Brainspotting—how it evolved from EMDR practice as a more versatile tool for brain-based therapy Brainspotting in action—case studies and evidence for the effectiveness of the technique An overview of the different aspects of Brainspotting and how to use them Between sessions—how clients can use Brainspotting on their own to reinforce and accelerate healing Why working simultaneously with the right and left brain can lead to expanded creativity and athletic performance How Brainspotting can be used to treat PTSD, anxiety, depression, addiction, physical pain, chronic illness, and much more “Brainspotting lets the therapist and client participate together in the healing process,” explains Dr. Grand. “It allows us to harness the brain's natural ability for self-scanning, so we can activate, locate, and process the sources of trauma and distress in the body.” With Brainspotting, this pioneering researcher introduces an invaluable tool that can support virtually any form of therapeutic practice—and greatly accelerate our ability to heal. “David Grand is one of the most important and effective psychological trauma therapists now practicing, and his development of Brainspotting is a very important leap forward in helping people resolve trauma. Brainspotting is a remarkable, sophisticated, flexible addition to the therapeutic toolkit of any psychotherapist. I know because I use it regularly, and find that, combined with the psychoanalytic approaches I normally practice, the results are astonishingly helpful. Using it, one becomes amazed at the extent to which our traumas can be detected in our ordinary facial and eye reflexes, and how, by using these windows to inner mental states, many traumas and symptoms can be rapidly relieved. Grand writes clearly, and the cases, dramatic as they are, are not exaggerated.” —Norman Doidge, MD, FRCPC, author of *The Brain That Changes Itself*; faculty, University of Toronto, Department of Psychiatry, and Columbia University Department of Psychiatry Center for Psychoanalytic Training and Research

You've read the history and the background, now meet the families! This companion book to *Meeting Families Where They Are* traces the advocacy journeys of 12 caregivers across a range of racial, ethnic, social, disability, economic, and family identities. The stories reflect the unique lives, histories, and needs of each family, as well as the different approaches they employ to meet the needs of their children. Caregivers indicate when they began to advocate; describe how they continue their efforts across schools, medical offices, therapies, communities, and virtual spaces; and discuss how they adapt to changing social and health climates and educational delivery modes. They also share their collective wisdom to assist other parents who are new to the advocacy platform or are feeling discouraged with the process.

This is must-reading for family members, teachers, administrators, health care personnel, and everyone invested in creating a culture of respect, love, and understanding. Book Features: Emphasizes how families have resisted the deficit-based view of their children while still utilizing systems of support. Identifies gaps and challenges across multiple systems, as well as "what's working." Incorporates the fields of special education and disability studies in education. Uses the framework of DisCrit to explore how disability and other social identities operate in tandem, examining concepts such as power, access, privilege, and barriers. Positions caregivers as experts in their children's lives, illustrating how they advocate for their children, teens, and young adults. Takes a deep dive into the nuances of generational, cultural, organizational, and geographical factors that impact how caregivers advocate. Resists approaches that typically involve professionals dictating what families need, centering instead on a collaborative model that includes families and professionals.

The authoritative presentation of Eye Movement Desensitization and Reprocessing (EMDR) therapy, this groundbreaking book--now revised and expanded--has enhanced the clinical repertoires of more than 125,000 readers and has been translated into 10 languages. Originally developed for treatment of posttraumatic stress disorder (PTSD), this evidence-based approach is now also used to treat adults and children with complex trauma, anxiety disorders, depression, addictive behavior problems, and other clinical problems. EMDR originator Francine Shapiro reviews the therapy's theoretical and empirical underpinnings, details the eight phases of treatment, and provides training materials and resources. Vivid vignettes, transcripts, and reproducible forms are included. Purchasers get access to a Web page where they can download and print the reproducible materials in a convenient 8 1/2" x 11" size. New to This Edition *Over 15 years of important advances in therapy and research, including findings from clinical and neurophysiological studies. *New and revised protocols and procedures.

*Discusses additional applications, including the treatment of complex trauma, addictions, pain, depression, and moral injury, as well as post-disaster response. *Appendices with session transcripts, clinical aids, and tools for assessing treatment fidelity and outcomes. EMDR therapy is recognized as a best practice for the treatment of PTSD by the U.S. Departments of Veterans Affairs and Defense, the International Society for Traumatic Stress Studies, the World Health Organization, the U.K. National Institute for Health and Care Excellence (NICE), the Australian National Health and Medical Research Council, the Association of the Scientific Medical Societies in Germany, and other health care associations/institutes around the world.

Wedding and Corsini's CASE STUDIES IN PSYCHOTHERAPY offers classic and contemporary cases that bring concepts to life for your students. The Fifth Edition of this popular casebook maintains its parallel structure with Corsini and Wedding's CURRENT PSYCHOTHERAPIES. All cases are selected on the basis of intrinsic interest, clarity of presentation, and the extent to which each case demonstrates the basic techniques and methods of the theory being illustrated. The Fifth Edition retains classic case studies by L. Bryce Boyer, Barbara Sullivan, Harold Mosak, Carl Rogers, Albert Ellis, Arnold Lazarus, and Peggy Papp. At the same time the authors include compelling new cases that illustrate the clinical applications of psychodrama and experiential psychotherapy.

Get much-needed exposure to real-world clinical scenarios and psychiatric evaluations, with this invaluable guide to positive, effective psychiatric advance practice nursing care. For an expert guide to providing patient-centered, evidence-based psychiatric care, keep Psychiatric Case Studies for Advanced Practice by your side. Practical and easy-to-follow, these more than 50 case scenarios clearly display the complaints, diagnoses, and treatments of the most common psychiatric disorders, supporting the critical decision-making skills of nurses practicing in a broad range of settings. Psychiatric, family, emergency, and general practice nurse practitioners of all experience levels will find this an invaluable aid for creating an informed, holistic practice. Follow the real-life cases and expert analysis of psychiatric patients of a wide variety of ages, backgrounds, and conditions . . . Real-world child, adolescent, adult, and geriatric inpatient and outpatient psychiatric case studies that emphasize problem-based learning and an evidence-based practice Current diagnostic content from the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5), that includes DSM-5's newer diagnoses—gender dysphoria, binge eating disorder, and autism spectrum, plus current treatments for alcohol and opiate addiction Sample routine screening tools that offer convenient checklists and handouts to support patient treatment Content presented in a simple format—organized by age and indexed by diagnostic category for quick reference Each case presented in a standard format: chief complaint, history, mental status, diagnosis, differential diagnosis, treatment plan, and rationale for treatment prescribed—with questions at the end that guide you to create a diagnosis using the DSM-5 Cases addressing a wide range of disorders and supporting all experience levels in a variety of treatment settings—counseling centers, correctional facilities, homeless shelters, inpatient psychiatric units, and hospital consultation and liaison services Treatments and rationales that represent current, evidence-based research—treatment sections divided into psychopharmacology, diagnostic tests, referral, psychotherapy, and psychoeducatio Supplemental teaching tool for graduate psychiatric nurse practitioner/APN programs

Role playing is the most naturalistic form of psychotherapy. In the safety and privacy of an office, psychiatrists and psychologists guide patients in more competent ways of living, and help patients see how they behave. Role playing, which is also used for diagnostic purposes by therapists, is an unparalleled procedure for letting patients see themselves in action, and helps them establish and assimilate in concrete fashion the insights achieved in the interview. From the point of view of the patient, psychotherapy has two main aspects; the personality of the therapist, which includes the attitude towards the patient and their understanding; and the procedures used by the therapist, such as how he conducts therapy. The therapist sees psychotherapy as a process which helps the patient to understand themselves, to modify their attitudes and levels of aspiration, and generate new ways of behaving. It is a process of change in the sense of abandoning old concepts, coming to new generalizations, and learning new behavior patterns for a current generation. Role playing as a psychotherapeutic technique is not as well understood as it merits. The beliefs that role playing is an exotic method which commits the user to a special school of thought, that it is used only in group therapy, or that it is difficult to learn, are common erroneous notions. This book gives a clear picture of therapeutic role playing, and explains how it is used and for what purposes. A rationale for its value and examples of its use are provided by the author. High-profile writers in the existential community show how their unique contributions to theory can be employed in therapeutic practice.

Arts Therapies and Gender Issues offers international perspectives on gender in arts therapies research and demonstrates understandings of gender and arts therapies in a variety of global contexts. Analysing current innovations and approaches in the arts therapies, it discusses issues of cultural identity, which intersect with sex, gender norms, stereotypes and sexual identity. The book includes unique and detailed case studies such as the emerging discipline of creative writing for therapeutic purposes, re-enactment phototherapy, performative practice and virtual reality. Bringing together leading researchers, it demonstrates clinical applications and shares ideas about best practice. Incorporating art, drama, dance and music therapy, this book will be of great interest to academics and researchers in the fields of arts therapies, psychology, medicine, psychotherapy, health and education. It will also appeal to practitioners and teachers of art, dance-movement, drama and music therapy.

Originally published: Roleplaying in psychotherapy. Chicago: Aldine, c1966, in series: Modern applications of psychology.

Featuring case presentations by many of the most distinguished practitioners of couple and family therapy, this volume brings to life the full spectrum of approaches in the field. The cases illustrate the principles and techniques of the respective approaches and allow the reader to "listen in" on highly skilled therapists at work. Editor Frank Dattilio comments on each case with a focus on ways to integrate systemic and cognitive-behavioral approaches. He suggests ways that cognitive principles might usefully be called upon at specific points. Responses from contributors consider the benefits of Dattilio's suggestions and elucidate each practitioner's decision-making process. See also Dattilio's authored book, Cognitive-Behavioral Therapy with Couples and Families, which combines the empirical research base with practical clinical guidance.

