

By Jack Saul Collective Trauma Collective Healing Promoting Community Resilience In The Aftermath Of Disaster 1st Edition

Collective Trauma, Collective Healing is a guide for mental health professionals working in response to large-scale political violence or natural disaster. It provides a framework that practitioners can use to develop their own community based, collective approach to treating trauma and providing clinical services that are both culturally and contextually appropriate. The classic edition includes a new preface from the author reflecting on changes to the field and the world since the book's initial publication. The book draws on experience working with survivors, their families, and communities in the Holocaust, postwar Kosovo, the Liberian civil wars, and post-9/11 lower Manhattan. It tracks the development of community programs and projects based on a family and community resilience approach, including those that enhance the collective capacities for narration and public conversation. Clinicians and community practitioners will come away from Collective Trauma, Collective Healing with a solid understanding of new roles they may play in disasters--roles that encourage them to recognize and enhance the resilience and coping skills in families, organizations, and the community at large.

This informative clinical resource and text presents Froma Walsh's family resilience framework for intervention and prevention with clients dealing with adversity. Drawing on extensive research and clinical experience, the author describes key processes in resilience for practitioners to target and facilitate. Useful guidelines and case illustrations address a wide range of challenges: sudden crisis, trauma, and loss; disruptive transitions, such as job loss, divorce, and migration; persistent multistress conditions of serious illness or poverty; and barriers to success for at-risk youth. New to this edition: reflects research and practice advances chapter on resilience-oriented approaches to recovery from major disasters chapter on applications in community-based programs and international contexts.

For those who think that 2012 is the year for Armageddon, then you might take courage from this book on mass trauma and its companion book on individual trauma. The stories about disasters and traumas in the book span the globe, with a focus on the people from Australia, African, Bangladesh, New Zealand, Japan, Sri Lanka, and the USA. This book comes at a time when mass disasters and mass trauma abound. It is impossible to turn on the television and not see incidents of floods, earthquakes, wildfires, avalanches, and every kind of natural disaster, competing with air space with the latest updates on wars, terrorism, mass murders, civil unrest, famine and mass migration.

Michael White, one of the founders of narrative therapy, is back with his first major publication since the seminal Narrative Means to Therapeutic Ends, which Norton published in 1990.

The Sins of the Cities of the Plain (1881) is an erotic novel attributed to Irish prostitute Jack Saul. Published by William Lazenby, a prominent printer of Victorian erotica, The Sins of the Cities of the Plain is considered to be one of the first works of literature dedicated to homosexuality in the English language. "Saul, Jack Saul, sir, of Lisle Street, Leicester Square, and ready for a lark with a free gentleman at any time. What was it made you take a fancy to me? Did you observe any particularly interesting points about your humble servant?" as he slyly looked down towards the prominent part I have previously mentioned." Having met by chance at Leicester Square, Jack Saul, a successful prostitute—colloquially known as a "Mary-Ann" or "rentboy"—agrees to accompany Mr. Cambon to his home at the Cornwall Mansions. After sharing a meal, the two men get down to business, exploring their young bodies and devoting themselves to pleasure. Curious about Jack's past, Cambon offers him money to share the story of his life. With a beautifully designed cover and professionally typeset manuscript, this edition of Jack Saul's The Sins of the Cities of the Plain is a classic work of Victorian erotic fiction reimagined for modern readers.

This book was first published in 2006. Does terrorism have a unique and significant emotional and behavioral impact among adults and children? In what way does the impact of terrorism exceed the individual level and affect communities and specific professional groups, and test different leadership styles? How were professional communities of mental health clinicians, policy-makers and researchers mobilized to respond to the emerging needs post disaster? What are the lessons learned from the work conducted after 9/11, and the implications for future disaster mental health work and preparedness efforts? Yuval Neria and his team are uniquely placed to answer these questions having been involved in modifying ongoing trials and setting up new ones in New York to address these issues straight after the attacks. No psychiatrist, mental health professional or policy-maker should be without this book.

A Comprehensive Guide to Understanding and Healing Shared Trauma What can you do when you carry scars not on your body, but within your soul? And what happens when those spiritual wounds exist not just in you, but in everyone in your family, community, and even beyond? Spiritual teacher Thomas Hübl has spent years investigating why it is that old and seemingly disconnected traumas can seed their way through communities and across generations. His work culminates in Healing Collective Trauma, a new perspective on trauma that addresses both its visible effects and its most hidden roots. Thomas combines deep knowledge of mystical traditions with the latest scientific research. "In this way," writes Thomas, "we are weaving a double helix between ancient wisdom and contemporary understanding." Thomas details the Collective Trauma Integration Process, a group-based modality for evoking and eventually dissolving stuck traumatic energies. Providing structured practices for both students and group facilitators, Healing Collective Trauma is intended to build a practical tool kit for integration. Here, you will learn: The innumerable ways trauma shapes our world—from identity and health to economy, geopolitics, and the state of the environment The concept of "trauma loyalty"—unconscious group bonds based in a pain narrative How the climate crisis is both a

manifestation of humanity's collective trauma and an opportunity to heal "Retrocausality"—how the power of presence can reshape the past and make new futures possible. Including essays contributed by experts such as Dr. Gabor Maté, Dr. Otto Scharmer, Dr. Christina Bethell, and Ken Wilber, *Healing Collective Trauma* offers not just an advanced look at community trauma but also a hopeful glimpse of the future. As Thomas declares, "Together, I believe we can and must heal the 'soul wound' that marks us all. In so doing, we will awaken to the luminous possibility and profound potential of our true, mutual nature as humankind."

Never Let Me Go meets *The Giver* in this haunting debut about a cult on an isolated island, where nothing is as it seems. Years ago, just before the country was incinerated to wasteland, ten men and their families colonized an island off the coast. They built a radical society of ancestor worship, controlled breeding, and the strict rationing of knowledge and history. Only the Wanderers -- chosen male descendants of the original ten -- are allowed to cross to the wastelands, where they scavenge for detritus among the still-smoldering fires. The daughters of these men are wives-in-training. At the first sign of puberty, they face their Summer of Fruition, a ritualistic season that drags them from adolescence to matrimony. They have children, who have children, and when they are no longer useful, they take their final draught and die. But in the summer, the younger children reign supreme. With the adults indoors and the pubescent in Fruition, the children live wildly -- they fight over food and shelter, free of their fathers' hands and their mothers' despair. And it is at the end of one summer that little Caitlin Jacob sees something so horrifying, so contradictory to the laws of the island, that she must share it with the others. Born leader Janey Solomon steps up to seek the truth. At seventeen years old, Janey is so unwilling to become a woman, she is slowly starving herself to death. Trying urgently now to unravel the mysteries of the island and what lies beyond, before her own demise, she attempts to lead an uprising of the girls that may be their undoing. *Gather the Daughters* is a smoldering debut; dark and energetic, compulsively readable, Melamed's novel announces her as an unforgettable new voice in fiction.

The tragedy of large-scale trauma has etched the names of cities on a national monument of heartbreak and senseless loss. First responders, caregivers, and civic leaders are often left with the daunting task of navigating the emotional and physical aftermath and stitching their communities back together—a trajectory of healing that can take months and years. *Healing a Community* offers real-world advice from one of the country's preeminent community response and recovery leaders. As the coordinator of the Newtown Recovery and Resiliency Team (NRRT) and a psychotherapist with a focus on trauma, Melissa Glaser presents a unique set of pragmatic best practices that communities can learn from and immediately adopt.

Longlisted for the Booker Prize Named a Best Book of the Year By: The New York Times Book Review (Notable Books of the Year) * The New York Public Library * The Washington Post * Time.com * The New York Times Critics' (Parul Seghal's Top Books of the Year) * St. Louis Post Dispatch * Apple * Publisher's Weekly An electrifying novel about beauty, envy, and carelessness from Deborah Levy, author of the Booker Prize finalists *Hot Milk* and *Swimming Home*. It is 1988 and Saul Adler, a narcissistic young historian, has been invited to Communist East Berlin to do research; in exchange, he must publish a favorable essay about the German Democratic Republic. As a gift for his translator's sister, a Beatles fanatic who will be his host, Saul's girlfriend will shoot a photograph of him standing in the crosswalk on Abbey Road, an homage to the famous album cover. As he waits for her to arrive, he is grazed by an oncoming car, which changes the trajectory of his life. *The Man Who Saw Everything* is about the difficulty of seeing ourselves and others clearly. It greets the specters that come back to haunt old and new love, previous and current incarnations of Europe, conscious and unconscious transgressions, and real and imagined betrayals, while investigating the cyclic nature of history and its reinvention by people in power. Here, Levy traverses the vast reaches of the human imagination while artfully blurring sexual and political binaries-feminine and masculine, East and West, past and present--to reveal the full spectrum of our world.

Traumatic Affect examines the intersection of trauma theory and affect theory, two areas of crucial relevance to contemporary thought. While both fields continue to offer insights into individual and collective experience, exploring their nexus offers timely and necessary critiques of film, literature, art, culture and politics. This collection of essays by established and emerging thinkers considers the dynamic relations within and between affect and trauma. Varied in style and approach, this volume asks how the relational subject conceived by affect theory might bring into question certain presuppositions common to trauma theory and how the ethical imperatives of trauma might require a rethinking of aspects of affect theory. Thus the contributors reimagine the unrepresentability of trauma, reveal its affective economies, and chart innovative understandings of experiences, embodiments, and events. From the silence into which Walter Benjamin fell after the suicide of his closest friend to the trauma of becoming the emblematic media figure of the London bombings, *Traumatic Affect* traverses diverse terrain: gesture and the everyday, cinema and torture, art and writing, civility and specters, media representation and Indigenous Australian film. Featuring essays by Shoshana Felman, Karyn Ball, Jennifer L. Biddle, Anna Gibbs, Ben O'Loughlin, Anne Rutherford, Magdalena Zolkos, Aaron Kerner, Ricardo Mbarkho, Jonathan L. Knapp, Michael Richardson and Meera Atkinson, *Traumatic Affect* ventures into bold new territories at the juncture between trauma and affect, illuminating pressing realities that demand engagement.

Collective Trauma, Collective Healing is a guide for mental health professionals working in response to large-scale political violence or natural disaster. It provides a framework that practitioners can use to develop their own community based, collective approach to treating trauma and providing clinical services that are both culturally and contextually appropriate. Clinicians will come away from the book with a solid understanding of new roles that health and mental health professionals play in disasters – roles that encourage them to recognize and enhance the resilience and coping skills in families, organizations, and the community at large.

Social (In)Justice and Mental Health introduces readers to the concept of social justice and the outsized, but often ignored, role that social injustice plays in the identification, diagnosis, and management of mental illnesses and substance use disorders. The contributors are first-rate, representing diverse perspectives and expertise, and the result is a powerful, multidisciplinary text that mental health clinicians -- from psychiatrists and psychologists to trainees and nurses -- will find illuminating and instructive. A section on the foundations of social injustice, including chapters on the social determinants of mental health, mental health inequities, and structural racism, opens the volume. The next section moves on to systems and structures, exploring urban development and the educational, child welfare, carceral, and health care systems. The book then turns to the role of social injustice and specific diagnoses and conditions, including

substance use disorders, schizophrenia, personality disorders, and child trauma. Finally, the authors take up the topic of how to achieve mental health equity, addressing advocacy and reform of the mental health system and ending with a powerful call to action. Timely, down-to-earth, and authoritative, *Social (In)Justice and Mental Health* reimagines the role of the mental health clinician as educator, reformer, and advocate, working for change and changing the work to promote justice for patients and families.

From the ivory tower to the barricades! Radical intellectuals explore the relationship between research and resistance.

Historically delineates the problems of genocide as a concept in relation to rival categories of mass violence.

Trauma is a universal human experience. While each person responds differently to trauma, its presence in our lives nonetheless marks a continual thread through human history and prehistory. In *Critical Trauma Studies*, a diverse group of writers, activists, and scholars of sociology, anthropology, literature, and cultural studies reflects on the study of trauma and how multidisciplinary approaches lend richness and a sense of deeper understanding to this burgeoning field of inquiry. The original essays within this collection cover topics such as female suicide bombers from the Chechen Republic, singing prisoners in Iranian prison camps, sexual assault and survivor advocacy, and families facing the devastation of Hurricane Katrina. As it proceeds, *Critical Trauma Studies* never loses sight of the way those who study trauma as an academic field, and those who experience, narrate, and remediate trauma as a personal and embodied event, inform one another. Theoretically adventurous and deeply particular, this book aims to advance trauma studies as a discipline that transcends intellectual boundaries, to be mapped but also to be unmoored from conceptual and practical imperatives. Remaining embedded in lived experiences and material realities, *Critical Trauma Studies* frames the field as both richly unbounded and yet clearly defined, historical, and evidence-based.

Renos K. Papadopoulos clearly and sensitively explores the experiences of people who reluctantly abandon their homes, searching for safer lives elsewhere, and provides a detailed guide to the complex experiences of involuntary dislocation. *Involuntary Dislocation: Home, Trauma, Resilience, and Adversity-Activated Development* identifies involuntary dislocation as a distinct phenomenon, challenging existing assumptions and established positions, and explores its linguistic, historical, and cultural contexts. Papadopoulos elaborates on key themes including home, identity, nostalgic disorientation, the victim, and trauma, providing an in-depth understanding of each contributing factor whilst emphasising the human experience throughout. The book concludes by articulating an approach to conceptualising and working with people who have experienced adversities engendered by involuntary dislocation, and with a reflection on the language of repair and renewal. *Involuntary Dislocation* will be a compassionate and comprehensive guide for psychotherapists, clinical psychologists, counsellors, and other professionals working with people who have experienced displacement. It will also be important reading for anyone wishing to understand the psychosocial impact of extreme adversity.

Iconic couples' therapist and bestselling author of *Mating in Captivity* Esther Perel returns with a provocative look at relationships through the lens of infidelity. An affair: it can rob a couple of their relationship, their happiness, their very identity. And yet, this extremely common human experience is so poorly understood. What are we to make of this time-honored taboo—universally forbidden yet universally practiced? Why do people cheat—even those in happy marriages? Why does an affair hurt so much? When we say infidelity, what exactly do we mean? Do our romantic expectations of marriage set us up for betrayal? Is there such a thing as an affair-proof marriage? Is it possible to love more than one person at once? Can an affair ever help a marriage? Perel weaves real-life case stories with incisive psychological and cultural analysis in this fast-paced and compelling book. For the past ten years, Perel has traveled the globe and worked with hundreds of couples who have grappled with infidelity. Betrayal hurts, she writes, but it can be healed. An affair can even be the doorway to a new marriage—with the same person. With the right approach, couples can grow and learn from these tumultuous experiences, together or apart. Affairs, she argues, have a lot to teach us about modern relationships—what we expect, what we think we want, and what we feel entitled to. They offer a unique window into our personal and cultural attitudes about love, lust, and commitment. Through examining illicit love from multiple angles, Perel invites readers into an honest, enlightened, and entertaining exploration of modern marriage in its many variations. Fiercely intelligent, *The State of Affairs* provides a daring framework for understanding the intricacies of love and desire. As Perel observes, "Love is messy; infidelity more so. But it is also a window, like no other, into the crevices of the human heart."

Recipient of the 2017 Anne Alonso Award for Excellence in Psychodynamic Group Therapy, conferred by the Group Foundation for Advancing Mental Health, part of the American Group Psychotherapy Association. *From the Couch to the Circle: Group-Analytic Psychotherapy in Practice* is a handbook of group therapy and a guide to the group-analytic model - the prevailing form of group therapy in Europe. The book draws on both John Schlapobersky's engagement as a practitioner and the words and experience of people in groups as they face psychotherapy's key challenges - understanding and change. This book provides a manual of practice for therapists' use that includes detailed descriptions of groups at work; accounts of therapists' own experience and the issues they face in themselves and in their groups. The book is devoted to the Group-Analytic model but the other principally psychodynamic models of group therapy - the Tavistock, Interpersonal, Psychodynamic, Modern Analytic and Structural/Systemic models - are brought into a comparative discussion and drawn upon to create an integrated and coherent approach. The book is divided into three sections: Foundations – aimed at practitioners using groups of any kind and working at every level, including those providing supportive psychotherapy and providing groups for psychosis, trauma, the elderly, people at risk, the elderly and children; The Group-Analytic Model – defines the group-analytic model at a basic and advanced level; The Dynamics of Change – aimed at group analysts, psychotherapists and psychologists providing short-term psychotherapy and long-term group analysis. The book is illustrated with clinical vignettes including incisive, instructive commentaries to explain the concepts in use. It is intended for those seeking psychotherapy, whether to resolve personal problems or to find new sources of meaning in their lives. It is also intended for policy-makers in mental health, students of different models of psychotherapy and the psychosocial field. The comparative discussion running through the text about methods and models of practice will likely be of interest to the wider mental health and psychotherapy fields. The author draws together the inherited wisdom of group analysis since Foulkes' time and makes his own lasting contribution. *From the Couch to the Circle* will be an invaluable, accessible resource for psychotherapists, psychoanalysts, psychologists, family therapists, academics, psychologists, mental health practitioners, academics and teachers in psychotherapy.

"A timely and sophisticated series of studies. Articulating diverse strands of social theory with the historical episodes that have had major affective resonances within national cultures, the volume as a whole contributes significantly to our understanding of relationships between collective affect and social process."—Michael Shapiro, Professor of Political Science at the University of Hawaii "The fine and deeply argued essays in this book build a strong case against a naturalistic theory of collective traumas. Traumas are made, not born, claim the authors. And they brilliantly cast a steely gaze on several social nightmares--the Nazi holocaust, slavery in the United States, September 11, 2001--in order to limn the social and cultural processes by which events come to be viewed as threatening to the very identity of collectivities. Ultimately this is a book about the nature of the very normative order that gives meaning to the human condition."—Robin Wagner-Pacifi, author of *Theorizing the Standoff* "Near the end of the 20th century, scholarly interest in collective memory surged, spurred on both by re-examinations of the Holocaust and other canonical sources of trauma, and by the rise of a new set of institutionalized

processes of collective memory-work. It is the great merit of these essays to approach the problems of collective trauma in sociological terms, as theorizable patterns in socially and culturally organized processes. This is a vital corrective to more naturalistic understandings and complement to those focused more narrowly on psychology or textual analysis."—Craig Calhoun, President, Social Science Research Council "This interactive collection of essays breaks new ground in the sociology of trauma. With its rich range of empirical cases, this book will inspire new debates across the social sciences about memory, collective suffering, and coping."—Arjun Appadurai, Professor of International Studies, Yale University

This book documents the ways that clinical practitioners and trainees have used the "structural competency" framework to reduce inequalities in health. The essays describe on-the-ground ways that clinicians, educators, and activists craft structural interventions to enhance health outcomes, student learning, and community organizing around issues of social justice in health and healthcare. Each chapter of the book begins with a case study that illuminates a competency in reorienting clinical and public health practice toward community, institutional and policy level intervention based on alliances with social agencies, community organizations and policy makers. Written by authors who are trained in both clinical and social sciences, the chapters cover pedagogy in classrooms and clinics, community collaboration, innovative health promotion approaches in non-health sectors and in public policies, offering a view of effective care as structural intervention and a road map toward its implementation. Structural Competency in Mental Health and Medicine is a cutting-edge resource for psychiatrists, primary care physicians, addiction medicine specialists, emergency medicine specialists, nurses, social workers, public health practitioners, and other clinicians working toward equality in health.

"The author's experience with grief after the sudden death of her husband, combined with social science on resilience"--

Art Therapy for Social Justice seeks to open a conversation about the cultural turn in art therapy to explore the critical intersection of social change and social justice. By moving the practice of art therapy beyond standard individualized treatment models, the authors promote scholarship and dialogue that opens boundaries; they envision cross disciplinary approaches with a focus on intersectionality through the lens of black feminism, womanism, antiracism, queer theory, disability studies, and cultural theory. In particular, specific programs are highlighted that re-conceptualize art therapy practice away from a focus on pathology towards "models of caring" based on concepts of self-care, radical caring, hospitality, and restorative practice methodologies. Each chapter takes a unique perspective on the concept of "care" that is invested in wellbeing. The authors push the boundaries of what constitutes art in art therapy, re-conceptualizing notions of care and wellbeing as an ongoing process, emphasizing the importance of self-reflexivity, and reconsidering the power of language and art in trauma narratives.

Collective Trauma, Collective Healing is a guide for mental health professionals working in response to large-scale political violence or natural disaster. It provides a framework that practitioners can use to develop their own community based, collective approach to treating trauma and providing clinical services that are both culturally and contextually appropriate. Clinicians will come away from the book with a solid understanding of new roles that health and mental health professionals play in disasters—roles that encourage them to recognize and enhance the resilience and coping skills in families, organizations, and the community at large. The book draws on experience working with survivors, their families, and communities in the Holocaust, postwar Kosovo, the Liberian civil wars, and post-9/11 lower Manhattan. It tracks the development of community programs and projects based on a family and community resilience approach, including those that enhance the collective capacities for narration and public conversation.

This open access book provides an enriched understanding of historical, collective, cultural, and identity-related trauma, emphasizing the social and political location of human subjects. It therefore presents a socio-ecological perspective on trauma, rather than viewing displaced individuals as traumatised "passive victims". The vastness of the phenomenon of trauma among displaced populations has led it to become a critical and timely area of inquiry, and this book is an important addition to the literature. It gives an overview of theoretical frameworks related to trauma and migration—exploring factors of risk and resilience, prevalence rates of PTSD, and conceptualisations of trauma beyond psychiatric diagnoses; conceptualises experiences of trauma from a sociocultural perspective (including collective trauma, collective aspirations, and collective resilience); and provides applications for professionals working with displaced populations in complex institutional, legal, and humanitarian settings. It includes case studies based on the author's own 10-year experience working in emergency contexts with displaced populations in 11 countries across the world. This book presents unique data collected by the author herself, including interviews with survivors of ISIS attacks, with an asylum seeker in Switzerland who set himself alight in protest against asylum procedures, and women from the Murle tribe affected by the conflict in South Sudan who experienced an episode of mass fainting spells. This is an important resource for academics and professionals working in the field of trauma studies and with traumatised groups and individuals.

"In Levi's writing, nothing is superfluous and everything is essential." —Saul Bellow A Penguin Classic In the final days of World War II, a courageous band of Jewish partisans makes its way from Russia to Italy, moving toward the ultimate goal of Palestine. Based on a true story, *If Not Now, When?* chronicles their adventures as they wage a personal war of revenge against the Nazis: blowing up trains, rescuing the last victims of concentration camps, scoring victories in the face of unspeakable devastation. Primo Levi captures the landscape and the people of Eastern Europe in vivid detail, depicting as well the terrible bleakness of war-ridden Europe. But finally, what he gives us is a tribute to the strength and ingenuity of the human spirit. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,800 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

A systematic examination of emotions and world politics, showing how emotions underpin political agency and collective action after trauma.

Awarded the Readers' Favorite(r) 5-Star Seal (2015). Nominated for the Global Ebook Awards (2016). There is a reason books that recount the regrets and advice of the dying strike so deep a chord: people who have nothing left to lose can tell their stories with a sincerity and unpretentiousness we crave but that is all too rare. In "Trauma, Shame, and the Power of Love," Christopher Pelloski relates his own downfall from a prominent physician-scientist in the field of radiation oncology in a similarly candid way. Without fear of losing society's good opinion—having lost it already—Pelloski has the freedom to be sharply honest in his observations of himself and the world around him. To the question "Why

would someone with so much going for him risk, and then lose, everything, by sinking so low?" he offers a gut-wrenching, soul-baring answer that dissects his decades-long downward spiral and examines it from perspectives that range from the historical to the molecular. Pelloski chronicles the evolution of his devastating legal battle alongside his concurrent journey of recovery from childhood sexual abuse. He shares with us the lessons he learned from these experiences in the hope they can serve as both a warning and an invitation: a warning to abuse survivors not to follow his dark path of silence, and an invitation to society to deal more openly with the multitude of painful issues that have shaped not only his life but also, tragically, the lives of so many others.

At the end of Liberia's thirteen-year civil war, the devastated population struggled to rebuild their country and come to terms with their experiences of violence. During the first decade of postwar reconstruction, hundreds of humanitarian organizations created programs that were intended to heal trauma, prevent gendered violence, rehabilitate former soldiers, and provide psychosocial care to the transitioning populace. But the implementation of these programs was not always suited to the specific mental health needs of the population or easily reconciled with the broader aims of reconstruction and humanitarian peacekeeping, and psychiatric treatment was sometimes ignored or unevenly integrated into postconflict humanitarian health care delivery. *Searching for Normal in the Wake of the Liberian War* explores the human experience of the massive apparatus of trauma-healing and psychosocial interventions during the first five years of postwar reconstruction. Sharon Alane Abramowitz draws on extensive fieldwork among the government officials, humanitarian leaders, and an often-overlooked population of Liberian NGO employees to examine the structure and impact of the mental health care interventions, in particular the ways they were promised to work with peacekeeping and reconstruction, and how the reach and effectiveness of these promises can be measured. From this courageous ethnography emerges a geography of trauma and the ways it shapes the lives of those who give and receive care in postwar Liberia.

"An outstanding debut...If you're a fan of Jack Reacher or Lisbeth Salander, you are gonna love Nikki Griffin." —New York Times bestselling author Douglas Preston "Action packed and razor sharp - Jack Reacher would love Nikki Griffin." —Lee Child, #1 New York Times bestselling author of Past Tense Nikki Griffin isn't your typical private investigator. In her office above her bookstore's shelves and stacks, where she luxuriates in books and the comfort they provide, she also tracks certain men. Dangerous men. Men who have hurt the women they claim to love. And Nikki likes to teach those men a lesson, to teach them what it feels like to be hurt and helpless, so she can be sure that their victims are safe from them forever. When a regular PI job tailing Karen, a tech company's disgruntled employee who might be selling secrets, turns ugly and Karen's life is threatened, Nikki has to break cover and intervene. Karen tells Nikki that there are people after her. Dangerous men. She says she'll tell Nikki what's really going on. But then something goes wrong, and suddenly Nikki is no longer just solving a case—she's trying hard to stay alive. Part Lisbeth Salander, part Jack Reacher, part Jessica Jones, Nikki Griffin is a kickass character who readers will root for as she seeks to right the world's wrongs. S.A. Lelchuk's *Save Me From Dangerous Men* marks the beginning of a gripping new series and the launch of a fabulous new character.

When the Past Is Always Present: Emotional Traumatization, Causes, and Cures introduces several new ideas about trauma and trauma treatment. The first of these is that another way to treat disorders arising from the mind/brain may be to use the senses. This idea, which is at the core of psychosensory therapy, forms what the author considers the "third pillar" of trauma treatment (the first and second pillars being psychotherapy and psychopharmacology). Psychosensory therapy postulates that sensory input—for example, touch—creates extrasensory activity that alters brain function and the way we respond to stimuli. The second idea presented in this book is that traumatization is encoded in the amygdala only under special circumstances. Thus, by understanding what makes an individual resistant to traumatization we can offer a way of preventing it. The third idea is that traumatization occurs because we cannot find a haven during the event. This is the cornerstone of havening, the particular form of psychosensory therapy described in the book. Using evolutionary biological principles and recently published neuroscientific studies, this book outlines in detail how havening touch de-links the emotional experience from a trauma, essentially making it just an ordinary memory. Once done, the event no longer causes distress.

"When Gessen speaks about autocracy, you listen." —The New York Times "A reckoning with what has been lost in the past few years and a map forward with our beliefs intact." —Interview As seen on MSNBC's Morning Joe and heard on NPR's All Things Considered: the bestselling, National Book Award-winning journalist offers an essential guide to understanding, resisting, and recovering from the ravages of our tumultuous times. This incisive book provides an essential guide to understanding and recovering from the calamitous corrosion of American democracy over the past few years. Thanks to the special perspective that is the legacy of a Soviet childhood and two decades covering the resurgence of totalitarianism in Russia, Masha Gessen has a sixth sense for the manifestations of autocracy—and the unique cross-cultural fluency to delineate their emergence to Americans. Gessen not only anatomizes the corrosion of the institutions and cultural norms we hoped would save us but also tells us the story of how a short few years changed us from a people who saw ourselves as a nation of immigrants to a populace haggling over a border wall, heirs to a degraded sense of truth, meaning, and possibility. *Surviving Autocracy* is an inventory of ravages and a call to account but also a beacon to recovery—and to the hope of what comes next.

Spacious Minds argues that resilience is not a mere absence of suffering. Sara E. Lewis's research reveals how those who cope most gracefully may indeed experience deep pain and loss. Looking at the Tibetan diaspora, she challenges perspectives that liken resilience to the hardness of physical materials, suggesting people should "bounce back" from adversity. More broadly, this ethnography calls into question the tendency to use trauma as an organizing principle for all studies of conflict where suffering is understood as an individual problem rooted in psychiatric illness. Beyond simply articulating the ways that Tibetan categories of distress are different from biomedical ones, *Spacious Minds*

shows how Tibetan Buddhism frames new possibilities for understanding resilience. Here, the social and religious landscape encourages those exposed to violence to see past events as impermanent and illusory, where debriefing, working-through, or processing past events only solidifies suffering and may even cause illness. Resilience in Dharamsala is understood as *sems pa chen po*, a vast and spacious mind that does not fixate on individual problems, but rather uses suffering as an opportunity to generate compassion for others in the endless cycle of *samsara*. A big mind view helps to see suffering in life as ordinary. And yet, an intriguing paradox occurs. As Lewis deftly demonstrates, Tibetans in exile have learned that human rights campaigns are predicated on the creation and circulation of the trauma narrative; in this way, Tibetan activists utilize foreign trauma discourse, not for psychological healing, but as a political device and act of agency.

Collective Trauma, Collective Healing Promoting Community Resilience in the Aftermath of Disaster Routledge

"Trauma-Informed Practices with Children and Adolescents is a sourcebook of practical approaches to working with children and adolescents that synthesizes research from leading trauma specialists and translates it into easy-to-implement techniques. The approaches laid out address the sensory and somatic experiences of trauma within structured formats that meet the "best practices" criteria for trauma informed care: safety, self-regulation, trauma integration, healthy relationships, and healthy environments. Each chapter contains short excerpts, case examples, and commentary relevant to the chapter topic from recognized leaders in the field of trauma intervention with children and adolescents. In addition to this, readers will find chapters filled with easily applied activities, methods, and approaches to assessment, self-regulation, trauma integration, and resilience-building. The book's structured yet comprehensive approach provides professionals with the resources they need to help trauma victims not just survive but thrive and move from victim thinking to survivor thinking using the current best practices in the field"--Provided by publisher.

Four months before Hitler came to power, Pavel Friedländer was born in Prague to a middle-class Jewish family. In 1939, seven-year-old Pavel and his family were forced to flee Czechoslovakia for France, but his parents were able to conceal their son in a Roman Catholic seminary before being shipped to their destruction. After a whole-hearted religious conversion, young Pavel began training for priesthood. The birth of Israel prompted his discovery of his Jewish past and his true identity. Friedländer describes his experiences, moving from Israeli present to European past with composure and elegance. The Wisconsin edition is not for sale in the British Commonwealth or Empire (excluding Canada.)

We know more about the physical body—how it begins, how it responds to illness, even how it decomposes—than ever before. Yet not all bodies are created equal, some bodies clearly count more than others, and some bodies are not recognized at all. In *Missing Bodies*, Monica J. Casper and Lisa Jean Moore explore the surveillance, manipulations, erasures, and visibility of the body in the twenty-first century. The authors examine bodies, both actual and symbolic, in a variety of arenas: pornography, fashion, sports, medicine, photography, cinema, sex work, labor, migration, medical tourism, and war. This new politics of visibility can lead to the overexposure of some bodies—Lance Armstrong, Jessica Lynch—and to the near invisibility of others—dead Iraqi civilians, illegal immigrants, the victims of HIV/AIDS and "natural" disasters. *Missing Bodies* presents a call for a new, engaged way of seeing and recovering bodies in a world that routinely, often strategically, obscures or erases them. It poses difficult, even startling questions: Why did it take so long for the United States media to begin telling stories about the "falling bodies" of 9/11? Why has the United States government refused to allow photographs or filming of flag-draped coffins carrying the bodies of soldiers who are dying in Iraq? Why are the bodies of girls and women so relentlessly sexualized? By examining the cultural politics at work in such disappearances and inclusions of the physical body the authors show how the social, medical and economic consequences of visibility can reward or undermine privilege in society.

As far back as we know, there have been individuals incapacitated by memories that have filled them with sadness and remorse, fright and horror, or a sense of irreparable loss. Only recently, however, have people tormented with such recollections been diagnosed as suffering from "post-traumatic stress disorder." Here Allan Young traces this malady, particularly as it is suffered by Vietnam veterans, to its beginnings in the emergence of ideas about the unconscious mind and to earlier manifestations of traumatic memory like shell shock or traumatic hysteria. In Young's view, PTSD is not a timeless or universal phenomenon newly discovered. Rather, it is a "harmony of illusions," a cultural product gradually put together by the practices, technologies, and narratives with which it is diagnosed, studied, and treated and by the various interests, institutions, and moral arguments mobilizing these efforts. This book is part history and part ethnography, and it includes a detailed account of everyday life in the treatment of Vietnam veterans with PTSD. To illustrate his points, Young presents a number of fascinating transcripts of the group therapy and diagnostic sessions that he observed firsthand over a period of two years. Through his comments and the transcripts themselves, the reader becomes familiar with the individual hospital personnel and clients and their struggle to make sense of life after a tragic war. One observes that everyone on the unit is heavily invested in the PTSD diagnosis: boundaries between therapist and patient are as unclear as were the distinctions between victim and victimizer in the jungles of Southeast Asia.

In 1969, while a student in South Africa, John Schlapobersky was arrested for opposing apartheid and tortured, detained and eventually deported. Interrogated through sleep deprivation, he later wrote secretly in solitary confinement about the struggle for survival. In this exquisitely written memoir, the author reflects on the singing of the condemned prisoners, the poetry, songs and texts that saw him through his ordeal, and its impact. This sense of hope through which he transformed his life guides his continuing work as a psychotherapist and his focus on the rehabilitation of others. Apartheid and its resistance come to life in this story to make it a vital historical document, one of its time and one for our own.

