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A practical, step-by-step guide to working with crystals for healing, protection and spiritual development. Judy Hall is an internationally recognized crystal expert with over 45 years' experience in crystal healing. In this illuminating guide, she shares the immense benefits that working with crystals can bring to your life. She explains how to use crystals to increase your energy, enhance your wellbeing, keep calm in a crisis and change the way you think and live. You'll also learn about the different techniques and exercises that you can use to connect with the gems' powerful energy. Discover: - how crystals work and how to choose the right ones for you - how to cleanse, charge and attune your crystals - the many things that crystals can help you with - ways to use crystals for healing the mind, body and emotions - how to use crystals for self-protection and energy enhancement This book was previously published under the title Crystals (Hay House Basics series).

Learn the holistic way to heal with Crystals for Beginners Balancing mind, body, and soul often feels impossible, but it doesn't have to be a struggle. Holistic healing methods with crystals can help harness energies and establish a positive and healthy lifestyle. In Crystals for Beginners, intuitive energy healer and author Karen Frazier walks readers through the basics of how to become our best selves using crystals. In these pages, you'll learn how to heal, find balance and everyday wellness with crystals. Crystals for Beginners is your go-to reference guide for healing your way to greater health and happiness. Crystals for Beginners provides: Crystal Healing 101 covering everything from how to start your crystal collection to healing methods Crystal Profiles featuring in-depth information at how, where, and when to use 10 essential crystals and 40 others Crystal Remedies identifying the most effective crystals for a given issue and demonstrating the different ways to use them Prescriptions for crystals include: Abuse, Addiction, Anger, Anxiety, Balance, Boundaries, Compassion, Courage, Decisiveness, Envy, Forgiveness, Gratitude, Grief, Happiness, Inner Peace, Love, Motivation, Negativity, Patience, Prosperity, Regret, Rejection, Self-Confidence, Stress, Trust. Discover natural cures for everyday ailments with this crystal-clear beginner's guide.

Within every crystal is a message. Each stone has a story that can teach and heal us if we reflect deeply on its image. Written by the world's leading crystal expert, Judy Hall, The Crystal Seer is a portable crystal reference and oracle. Readers can peruse the pages until their finger catches a page or simply choose a stone that speaks to them. Each entry includes a dazzling full-color crystal image and explains its magical power and how it can be used in meditation and ritual. Whether used intuitively or as a reference guide, The Crystal Seer will show you how to tap into the power of the stones.

From the pyramids of Giza to Stonehenge to Machu Picchu, people are captivated by the magic of the world's most sacred and mysterious sites. Crystals and Sacred Sites teaches you how to tap into the healing energy of these sites from anywhere in the world using the power of crystals and sacred stones. Noted crystal authority Judy Hall takes you to the most revered sacred sites in the ancient world as well as newly discovered ones that are emerging as power points critical to our evolution as a planet. With the assistance of specially selected crystals and accompanying meditations and rituals, you can open the doorways to transformation and healing.

Charles Kingsley's book rendered into Chinese. Traditional Chinese edition.

Examines New Age claims for the powers of crystals, discusses the nature and characteristics of quartz crystals, and suggests they are spiritual

The definitive resource for working with powerful crystals! Sparkling, luminous, and colorful, it is no wonder crystals have always been regarded as a source of power from ancient times to present day. But with the enormous number of crystals now on the market, it is difficult to choose exactly the right stone. In 101 Power Crystals, internationally renowned crystal expert Judy Hall brings together 101 crystals that are powerful across a wide spectrum of uses and suitable for all types of user. Not all crystals suit everyone, and the selection has been specially chosen to offer alternatives and new possibilities that may not have been thought of before. This distinctive collection includes high vibration crystals that experienced crystal practitioners will want to explore as well as those with earthier vibrations that are suited to beginners or those developing their sensitivities. It also features some rare and recently discovered crystals and stones that have not been included in any other volume, such as Aurora Quartz, Que Sera, Trigonon Quartz, and Preseli Bluestone. Each entry covers the history, mythology, and symbolism of the crystal in addition to its healing properties and environmental effects. There are crystals and stones for love, health, protection, abundance, and many other powers.

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The Ultimate Guide to Crystal Grids shows novices and seasoned crystal practitioners alike how to construct crystal grids to create, heal, and manifest goals and intentions. Written by the world's leading crystal expert, Judy Hall, The Ultimate Guide to Crystal Grids outlines the specifics of constructing an effective grid, how to harness the power of sacred geometry, and which crystals are most effective for particular grids and purposes. Perfect for the beginner or advanced grid practitioners, this guide book features over 50 grids, including beginner and advanced grids based on specific geometric templates so practitioners learn the foundation of grid creation. You'll learn to use grids on specific topics and purposes, including attracting prosperity, long-distance healing, and protecting the home. Filled with hundreds of photos and illustrations, plus step-by-step shots, this truly is the ultimate guide.

Traditional Chinese edition of A Small Free Kiss in the Dark. The book was nominated for Australia's Aurealis Award for best young-adult novel in 2010. The novel addresses the plight of the homeless, the runaways, the foster children... and offers a touching and revealing beauty and insight into the lives of people most look down upon. In Chinese. Distributed

by Tsai Fong Books, Inc.

Learn how to use crystals to get what you want out of life! This comprehensive sourcebook of 100 essential crystals for manifestation is both a practical handbook packed with advice and a fascinating sourcebook about each stone and its spiritual qualities. Offering detailed information about each crystal's attributes, power, and divination strengths, this book is the only book which specifically addresses the manifestation power of crystals and how to help then guide you to get what you want out of life. For thousands of years, crystals have been used for manifestation, divination, and empowerment, and to guide users in their quests for fulfillment. The ancient Taoists believed sacred stones vibrated with ch'i or universal energy; the Greeks and Romans believed they embodied the gods and the planets while indigenous peoples believed they were alive with spirit and knowledge. Crystals for Positive Manifestation includes introductory chapters on what crystals are, both from their scientific legacy and their magical one, caring for and choosing crystals, the importance of chakras and color, plus background on why these particular stones have been used for centuries to help us get what we want out of life. There is also a practical chapter about working with these stones specifically chosen for manifestation. The alphabetical sourcebook section that follows provides information about the uses and benefits for each crystal listed.

Crystal Grids Handbook is a condensed version of the best-selling The Ultimate Guide to Crystal Grids.

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